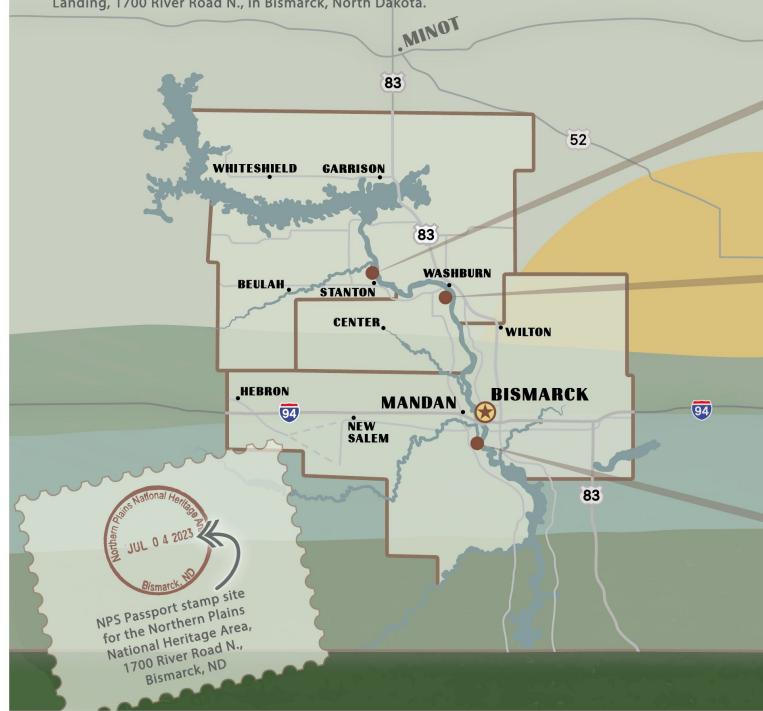


Visit the

## NORTHERN PLAINS NATIONAL HERITAGE AREA

The Northern Plains National Heritage Area points visitors to the natural, cultural, recreational and historic sites along the Missouri River in central North Dakota. For a deep dive of the sites you absolutely need to visit, come to the Northern Plains National Heritage Area's Orientation Headquarters at the Landing, 1700 River Road N., in Bismarck, North Dakota.

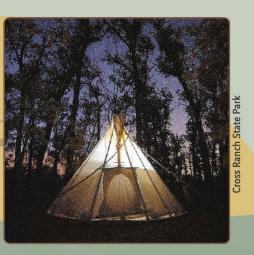


# Explone the region's heritage first hand!



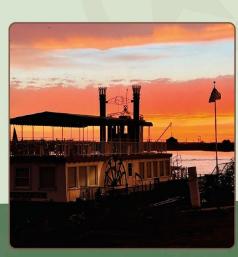


Visit the
Heritage River Landing
in Bismarch
your orientation
head quarters to the
Northern Plains
National Heritage Area

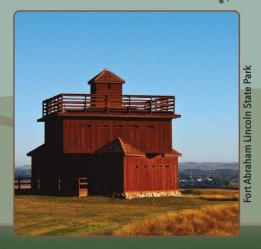


GRAND FORKS

Get as close to the Missouri River as you possibly can aboard riverboat Lewis & Clark. Book tickets online at lewisandclarkriverboat.com or call 701-255-4233

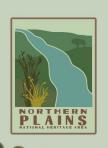


FARGO



Leann mone at

www.northernplainsheritage.org





RIVERBOAT

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#### **HOSPITALS**

Sanford Medical Center	701-323-6000
Emergency & Trauma Center	701-323-6150
300 N. 7th Street, Bismarck, ND 5850	01
CHI St. Alexius Health	701-530-7000
Emergency & Trauma Center	701-530-7001
900 E. Broadway Avenue, Bismarck	, ND 58501
EMERGENCY - DIAL 911	



#### **ABOUT THE** COVER

History, culture, family fun, it all awaits you in Bismarck and Mandan. Whether you are here for work or play, you will be amazed with what is around every turn. Golfing, rodeos, art shows, performances, cruising the Missouri River, historical reenactments and Dakota Zoo, it is all

within your reach. Great food, great shopping, great recreation, arts & sciences, they are all here for you to enjoy. After a day of making memories, you can relax in the conveniences of our 3,500 sleeping rooms or numerous modern campsites on the outskirts of town or along the beautiful, breathtaking Missouri River.

#### **ROAD CONDITIONS**

Dial 511.....www.dot.nd.gov/travel/

TRANSPORTATION
Bird Scooters City of Bismarck
in the summer months
Bis-Man Transit
Bismarck Airport701–222–6502 2301 Airport Road, Bismarck, ND 58504
BisParks BCyclesummer months
www.bisparks.org/bcycle/
Capital Area Transit (CAT)
Harlow's Trailways
Mandan Municipal Airport701-663-0669
4 miles southwest of city, Mandan, ND 58554
Rimrock Stages
West River Transit701-224-1876  Public transportation for the rural area around  Bismarck-Mandan.
3750 E. Rosser Avenue, Bismarck, ND 58501

#### RIS-MAN OHICK FACTS

DISTMAIN QUICK FACTS	)
Area Population	132,544
Latitude	46° 46 minutes north
Longitude 1	00° 45 minutes west
Elevation	1,700 feet
Area	. 35.95 square miles

#### **USEFUL CANADIAN INFO**

www.ndtourism.com/information/canadian-travelinformation

ADVERTISERS INDEX Americas Best Value Inn & Suites25 www.americasbestvalueinn.com
Anima Cucina
Baymont Inn and Suites29 www.baymontmandan.com
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Bismarck Art & Galleries Association 11 www.bismarck-art.org
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Bismarck Larks
Bismarck Parks & Recreation District13 www.bisparks.org
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Buggies-n-Blues
Comfort Inn25 www.choicehotels.com
CraftCade7 www.thecraftcade.com
Dakota Zoo23 www.dakotazoo.org
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Northern Plains Heritage Foundationinside front cover, Page 1 www.northernplains.org
Pirogue Grille
Prairie Knights Casinoback cover www.prairieknights.com
Quality Inn25 www.choicehotels.com
Radisson Bismarck31 www.radisson.com/bismarcknd_ downtown
Ramada Hotel29 www.ramada.com
State Historical Society of North Dakota inside back cover www.history.nd.gov
Superslide Amusement Park13 www.bismarcksuperslide.com
www.bismarcksupersilde.com





or helpful information in planning a visit to Bismarck and Mandan, please contact the Bismarck–Mandan CVB. Our staff is available to assist all visitors.

Whether planning a family vacation or a major convention, our support services are available year round.

#### ADDRESS:

Bismarck–Mandan Convention and Visitors Bureau (Exit 157 off I–94) 1600 Burnt Boat Drive Bismarck, ND 58503

Phone:

800-767-3555 701-222-4308

Gaming Division: 701-222-2595

E-mail: visitnd@bmcvb.com Website: NoBoundariesND.com



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North Dakota Association of Rural Electric Cooperatives 3201 Nygren Dr. NW Mandan, ND 58554 701-663-6501 or 800-234-0518

The Bismarck-Mandan CVB has made every effort to provide accurate listings, but does not guarantee accuracy, service or quality of the listings presented, due to changes since printing. Updated or new information, as well as suggestions for improvement, should be made to: VG Editor, Bismarck-Mandan CVB, 1600 Burnt Boat Drive, Bismarck, ND 58503. Phone: 701-222-4308.

Photos throughout this guide have been provided by the Bismarck-Mandan CVB, Bismarck Parks and Recreation District, City of Mandan, Dart Communications, Haley Strege, Mandan Parks and Recreation, Mandan Progress Organization/LPT Images, N.D. Tourism Division, North Dakota's Gateway to Science and Northern Plains National Heritage Area.

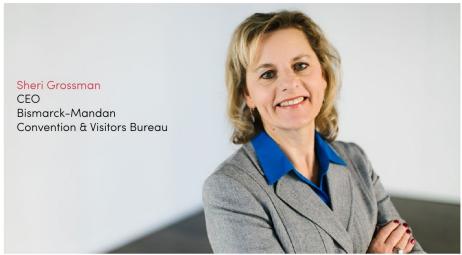


Bismarck-Mandan Convention and Visitors Bureau is located at 1600 Burnt Boat Drive in Bismarck.

elcome to Bismarck-Mandan! I am excited to share with you all the fun things to do and see in our great cities. Here you will find unforgettable activities, historic places and genuine hospitality. From the captivating North Dakota Heritage Center and State Museum and the fresh outdoors at Fort Abraham Lincoln State Park, to our vibrant downtowns and abundance of shopping and dining throughout our cities, there is something for everyone in Bismarck-Mandan.

Our Visitor Center, just off I–94, Exit 157, at 1600 Burnt Boat Drive, is the place to stop and plan your stay. We offer a wealth of area visitor information, the Genuine Dakota Gift Shop and experienced travel counselors to assist you with your travel plans.

Whatever you choose to do, I know you will have a great time in Bismarck-Mandan. Thank you for visiting!



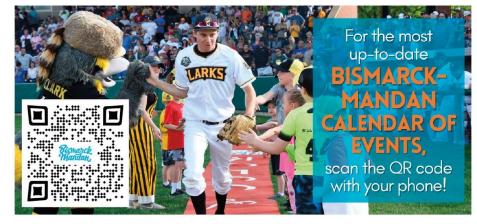
Follow us on social media:



@bismancvb



@bismancvb





## Let us help host your next meeting, conference, event or tournament.

The Bismarck-Mandan Convention & Visitors Bureau is here to help coordinate bids and presentations, banners and signs, name badges, visitor packets, registration help and more! Our Sales Team will make your job easier. We do the heavy lifting and you get to focus on other parts of your event. Call today to visit with our helpful and knowledgeable staff. We are ready to exceed your expectations, let us show you how.

Scan the QR code or visit: www.noboundariesnd.com/meetingplanning/







## Bismarck-Mandan CVB Staff

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1600 Burnt Boat Drive, Bismarck, ND 58503 NoBoundaries ND.com 701-222-4308



## Visit like a local.

Wondering where the locals go and what they like to do? Where to get the best dessert or take the best picture that really says you were here? Check out our Locals Itinerary! Updated periodically so that you can stay in the know.



Scan the QR code or visit: www.noboundariesnd.com/whattodo/TheLocalsItinerary/

## Take home a little ND.

Looking for the perfect memento to take home or give as a gift? Our Bismarck-Mandan Visitor Center has fun and unique items showcasing many local and regional artisans and merchants, along with everyone's favorites, Pride of Dakota businesses.



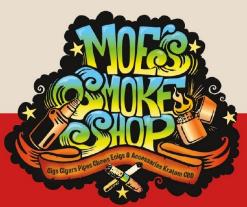
1600 Burnt Boat Drive, Bismarck - check Facebook or call for hours 701-222-4308

## **MOE'S SMOKE SHOP**

is a full service Tobacco Shop located in Bismarck, ND



- Large selection of premium cigars stored in walk-in humidor
- Cigarettes Roll your own tobacco Pipes and pipe tobacco Accessories
  - Electric cigarettes Incense and more!





3500 N 14th St. Bismarck (behind CVS Pharmacy) Open 7 days a week

**p:** 701-751-1099 | **w:** moesmokeshop.com

WARNING: This product contains nicotine. Nicotine is an addictive chemical.

21+

## 🌣 THINGS TO SEE & DO

#### FORT ABRAHAM LINCOLN STATE PARK

History comes to life at Fort Abraham Lincoln State Park, 4480 Fort Lincoln Road, Mandan.

Rich in both military and early Native American history, Fort Abraham Lincoln was once an important infantry and cavalry post. It was from this fort that Lt. Col. George Armstrong Custer and the 7th Cavalry rode out on their ill-fated expedition against the Sioux at the Little Big Horn. So, take a trip back to 1875 where the General's staff still entertains guests with stories of Libby, the General, and the time they spent in Dakota Territory. Portions of the military post, including the Custer House, have been reconstructed.

Popular with visitors is On-A-Slant Indian Village. Six reconstructed earthlodges depict the lifestyle of the Mandan Indians, who occupied this site from about 1575-1781.

The park's Visitor Center houses the nation's best display of Mandan artifacts and history, along with items of interest on Lewis and Clark and General Custer.

The hills above Fort Abraham Lincoln provide a great view of the Missouri River valley with three reconstructed blockhouses standing guard over both the fort and the village.

A 94-unit modern campground and comfort station is located in a scenic wooded area adjacent to the Heart and Missouri River with picnic sites and playground equipment. Multi-use trails will take you along the sloping hills, open prairie and into the woods. Visitors will be treated to a panoramic view of the Missouri River valley from the park's nature and historic trails. The park also has 2 cabins and 4 primitive campsites with horse corrals.

Guided tours run May into September; cost is \$8 per adult, \$5 per student. The park is open all year round. Park entrance fees are \$7 per vehicle, \$35 for an annual single vehicle entrance permit and \$55 for an annual family entrance permit (members of the same household get two annual permits).

For more information, call 701–667–6340 or email falsp@nd.gov. Visit their website at www.parkrec.nd.gov.

#### FORT LINCOLN TROLLEY

An electric streetcar and a restored streetcar that ran in Bismarck in the 1920s now offer a unique trip to Fort Lincoln State Park. Departures from Mandan's Third Street Station at 1989 3rd Street S.E. are daily on the hour, 1-4 p.m. Return trips leave Fort Lincoln on the half-hour, 1:30–4:30 p.m. The season opens Memorial Day weekend, with daily excursions beginning in mid-June through Labor Day. Children under 5 years old who are accompanied by their family are free. Group discounts may apply. For additional information, contact Jim Beck at 701–663–9018 or find them on Facebook.





#### NORTH DAKOTA STATE CAPITOL

Visitors to the capitol will find a unique blend of prairie-themed Art Deco styling. Designed in monumental scale with majestic proportions, visitors will see chandeliers representing heads of wheat; ceiling lighting representing the sunrise, moon and stars; and bronze elevator doors depicting the history of life on the prairie. The observation deck provides a 360-degree view of the Bismarck-Mandan area. The grounds are equally spectacular with many monuments and statues, as well as an arboretum with more than 75 types of trees.

The capitol is in the heart of Bismarck at 600 East Boulevard Avenue. The visitor entrance is on the south side and ample visitor parking is available.

Free tours of the capitol building are available Monday-Friday at 9, 10 and 11:00 a.m. and 1, 2 and 3:00 p.m. Weekend tours are also available Memorial Day through Labor Day, Saturdays 9, 10 and 11 a.m. and 1, 2 and 3:00 p.m. and Sundays 9, 10 and 11:00 a.m. Self-guided tours are also available.

Visit omb.nd.gov/capitol-complex for up-to-date hours and further information.

## NORTH DAKOTA HERITAGE CENTER & STATE MUSEUM

Located on the State Capitol Grounds, this popular tourist attraction exhibits the history of the state from 600 million years ago to today. From dinosaur fossils to the history of the First Peoples to the ag and oil stories of North Dakota, you'll find ways to connect your own history and interests with this legendary state.

**Adaptation Gallery: Geologic Time** takes visitors back in time 600 million years. From monstrous sea creatures living in early oceans to the rise and extinction of dinosaurs, and from tropical swamplands with crocodiles to the appearance of mastodons during the ice age, this museum gallery covers the fascinating story of evolving geology and the earliest life in North Dakota. Enjoy life-size casts of a *T. rex* and a *Triceratops*, with interactive games to bring these dinos to life.

Innovation Gallery: Early Peoples is devoted to the Earliest Peoples of the state. This museum gallery highlights the beauty of the state's Native American collections with more than 1,000 artifacts on exhibit. Trace the earliest people living on these lands from 13,000 years ago through the mid-1800s. Be sure to stop at the exquisite, hand-painted mural of Double Ditch Indian Village in 1550.

Inspiration Gallery: Yesterday and Today showcases the state and its people from the mid-1880s through today. Learn about innovations in agriculture and energy. Discover newcomers and new settlements. Find out how conflict and war have impacted the state and explore today's communities and cultural expressions.

The **Governors Gallery** hosts changing exhibits every two years. Beginning in spring 2023, visitors can explore the newest

CONTINUED ON PAGE 8

# The Best Spots in Town!







Laughing Sun Brewing, Grand Junction Subs & The CraftCade are award winning spots in Bismarck & Mandan that not only delivers great food but unique & fun experiences. It all starts with our food and each of our restaurants offers a fresh & unique menu varying from East Coast style subs (Best Sub 5 years running!) to NY Style Pizza to freshly smoked BBQ and award winning Craft Beer! Looking for more? Enjoy your time with classic & new arcades, trivia, special events & fundraisers, live music, axe throwing and more!

#### å⊱ THINGS TO SEE & DO



exhibition—On the Edge of the Wind: Storytellers & the Land. This powerful exhibition highlights regional Native American storytellers and their stories about special places, some shared for this exhibition in both Native and English languages. Immerse yourself in the experiences, stunning landscape imagery, and short films of the stories. This exhibit was produced as a partnership of the North Dakota Council on The Arts and the State Historical Society of North Dakota.

So much more to explore! Don't miss the exhibits in the corridor including a rare dinomummy, a mastodon with a great story, and the North Dakota Native American Hall of Honor. Explore your genealogy in the State Archives. Shop in the Museum Store for treasures made by local artisans, enjoy a Latin American flavorful bite to eat at El Coqui Café and take a walk along nature trails and sculptures on the beautiful grounds.

Discover history for everyone at the North Dakota Heritage Center & State Museum at 612 E. Boulevard Avenue, Bismarck, 701–328–2666. Admission to the State Museum is free. Open every day except major U.S. holidays. Visit *statemuseum.nd.gov* for hours and additional information.

## STATE ARCHIVES AT THE NORTH DAKOTA HERITAGE CENTER

Research takes on a whole new dimension in the State Archives, where researchers can view census records and find lost family members who once called this land home. In addition, the archives and manuscript collections can provide researchers with insight into North Dakota history through use of unpublished sources. The knowledgeable staff will help make voices of the past speak again. Located in the ND Heritage Center & State Museum on the State Capitol Grounds at 612 E. Boulevard Avenue in Bismarck. Open Monday through Friday and the second Saturday of each month. For hours and additional information, call 701–328–2091 or visit history.nd.gov.

#### CAMP HANCOCK STATE HISTORIC SITE

Camp Hancock, located on Bismarck's busy Main Avenue, was an early military supply depot and Signal Corps office built as part of the U.S. government's efforts to construct a transcontinental railroad. Take in three amazing attractions here. The former officers' quarters, built in 1872, is the oldest standing building in Bismarck. Inside, explore exhibits about local history and the U.S. Weather Bureau office once housed here. Then pop into the picturesque 1881 Bread of Life Church, the oldest church in the city. Notice its stunning architecture and recently restored stained glass windows. Next, get an up-close view of a 1909 Northern Pacific Railway steam locomotive exhibited next to Bismarck's active railroad tracks.

Admission to Camp Hancock is free. For open days and hours, visit *history.nd.gov* or call 701–328–9528.



#### Inside scoop on Bismarck-Mandan from @NewtoNoDak influencer, Haley Strege!



Our family moved to Bismarck-Mandan in early 2022 and we've loved exploring everything this area has to offer! Whether it's taking a walk along the river or visiting museums with our two kids, we're always able to find something fun to do!



# Axe Throwing at Laughing Sun Brewing Co. It's not just for lumberjacks! This is the place to go for a new type of date night or friend outing. Take some time to enjoy their delicious BBQ and beer on tap.



#### The CraftCade

A blast from the past!
Bismarck, North Dakota's first
retro arcade, pizzeria restaurant &
craft beer hall. All ages are welcome
on Sundays, so take your kids
to play some classic games!



#### Missouri Valley Millennium Legacy Trail

There's nothing better than walking along the Missouri River. Enjoy riverfront parks and local art and history. Chief Looking's Village is a must-see scenic view in Bismarck.



Mandan Holiday Lights on Main
This is a new seasonal attraction
in Downtown Mandan. Walk through
a Winter Wonderland of lights to
celebrate the holiday season!



#### Polar Trap Dining Igloos

"Snow" much fun! Experience dining in a heated igloo (kids welcome!) on the patio of the Paddle Trap on the Missouri River. Enjoy a full dining experience or cocktails & appetizers.





#### FORMER GOVERNORS MANSION STATE HISTORIC SITE

The elegant Former Governors Mansion in downtown Bismarck was home to North Dakota's first families from 1893 to 1960. The architecture was unusual in this city when it was built in 1884. Inside, discover original furnishings and fixtures, exposed wallpaper samples and learn about the political upheavals experienced by the governors and their families. Play with replica toys in the attic playroom. Then take in the exhibit, From Buckets of Oats to Quarts of Oil, in the adjacent carriage house. In summer, stroll the beautiful flower gardens featuring over 60 varieties of heirloom plants. This facility is available to rent for private events.

Admission is free to the mansion, located at 320 E. Avenue B. For open days and hours, visit history.nd.gov or call 701-328-9528.

#### RAGING RIVERS WATERPARK

Wild and wet family fun awaits visitors to Raging Rivers Waterpark, located at 2600 46th Avenue SE, Mandan, just off I-94, along the Bismarck Expressway.

Features include a "Lazy River," so jump aboard an inner tube and float around the 850-foot waterway. The AquaPlay features geysers, water cannons, 300-gallon tip bucket, water guns, tunnels and waterslides just for the little ones. Towering 66 feet over the waterpark, two speed slides provide the ultimate thrill. Take the plunge on the Lightning Speed Slide, starting off in total darkness. When you see daylight, you drop straight down in what feels like a total freefall. Scream as you speed down the Double Drop Speed Slide. Each drop gives you the thrill of being airborne. Climb aboard a single or double inner tube and splash down the two, 45-foot-high tube slides. The River Run Tube Slide provides a constant rush of water over your body with each curve and bend of the slide. The Dark Hole Tube Slide offers the same heart pounding experience, but in total darkness until splashdown!

Raging Rivers has something for everyone, from a relaxing float down the Lazy River to the Sandbar Concessions to satisfy your hunger. Private rental areas available, it is a great place for your next party or special occasion. Open daily starting in June through the end of August. The daily schedule is weather permitting. Please visit www.ragingriverswaterpark.com or call 701-663-3393 for specific daily schedule and/or current weather conditions, plus information on group and party options.

#### LEWIS AND CLARK RIVERBOAT

All heritage flows from the Missouri River in central North Dakota. Cruise riverboat Lewis & Clark from the Port of Bismarck on River Road, Memorial Day weekend through the first weeks of September. Heritage excursion information can be found at www.lewisandclarkriverboat.com or by calling 701-255-4233.

#### THE LANDING

Located where riverboat Lewis & Clark docks on River Road is The Landing, an historically inspired post-and-beam river warehouse that is open year round. The Landing is multifaceted and geared toward connecting residents and visitors to the heritage of the Missouri River in central North Dakota. It serves as the orientation headquarters of the Northern Plains National Heritage Area (NPNHA), one of the fifty-five National Heritage Areas in the United States. Walk over the etched granite NPNHA map before entering The Landing and check out the interactive NPNHA kiosk inside. Visitors can receive their official NPS Northern Plains National Heritage Area Passport Stamp at this location. Also within The Landing is the northern plains heritage education gift shop, open year round and a place where visitors can acquire riverboat tickets during its operational months of May to September. Huckleberry House restaurant is also located inside.

#### FRANCES LEACH HIGH PRAIRIE ARTS & SCIENCE COMPLEX

Located at 1810 Schafer Street, Bismarck, the Frances Leach High Prairie Arts & Science Complex is home to Dakota West Arts Council, 701-222-6640, Shade Tree Players, 701-258-4998, Theo Art School, 701-222-6452 and TruNorth Theatre Co., 701-557-1600. For information on performances, classes and upcoming events, please contact the individual partners.

#### **EAGLE SCULPTURES**

"Thunderbirds," a public art creation by the students of the United Tribes Technical College, is part of the Missouri Valley Legacy Trail at Keelboat Park. You'll find the second in the series of eagle sculptures and interpretation just south of the first sculpture, along River Road in Bismarck's Sertoma Park, near the entrance of Dakota Zoo. This impressive display of five different eagles on a ceramic circle, "Gathering of Visions," is something you don't want to miss on your visit to Bismarck-Mandan. The third sculpture, "Reflections," faces the Missouri River along River Road at Steamboat Park. The reflective sphere surrounded by an eagle represents Mother Earth and reflects the area's natural beauty. The fourth sculpture, "Rising Eagle," is located in Pioneer Park and offers visitors a bench, within the sculpture, to rest and reflect. The fifth sculpture, "The Keeper," is located near shelter number nine in Sertoma Park. For more information, visit www.bisparks.org.

#### NORTH DAKOTA'S GATEWAY TO SCIENCE

North Dakota's Gateway to Science is a hands-on science center located at 1600 Canary Avenue in north Bismarck, south of I-94 Exit 157.

With a move into a dynamic new facility, Gateway to Science increases its community presence and offers a significantly larger exhibit space. The science center's emphasis is on handson exploration and interactive, creative experiences. Families and children of all ages enjoy the interactive exhibits, programs,

CONTINUED ON PAGE 10



### ☆ THINGS TO SEE & DO

and special events throughout the year.

Gateway to Science is a member of the Association of Science & Technology Centers (ASTC) and the Association of Children's Museums (ACM).

For more information, visit www.gatewaytoscience.org, call 701–258–1975 or email gscience@gscience.org.

#### **BISMARCK ART AND GALLERIES**

Bismarck Art and Galleries is located at 422 E. Front Avenue, Bismarck. The gallery features monthly exhibits by local, regional and national artists. Shop in the unique gallery store featuring original artwork, jewelry and many other items by local artisans. Gallery hours are 10 a.m.-5 p.m. Tuesday through Friday and 10 a.m.-1 p.m. Saturday. Closed on Sundays and Mondays. Gallery is closed Saturdays Memorial Day through Labor Day. For additional information, call 701- 223-5986 or visit www.bismarck-art.org.

#### THE CAPITAL GALLERY

Located at 109 N. 4th Street, Bismarck, 701–751–1698. One of North Dakota's finest art galleries, The Capital Gallery offers an eclectic mix of traditional and contemporary art. From abstract to representational, the gallery features nationally-recognized artists. Open Tuesday through Saturday and Monday by appointment only. Owned and operated by a non profit foundation with the mission "Celebrating History, Art, and Culture!"

#### ALLEY 5.5

The Bismarck Art Alley Program is a public art project partnership between the Dakota West Arts Council, a 2016 Leadership Bismarck Mandan Project Team and the community of Bismarck. The purpose is to foster ongoing efforts to create public art in Bismarck and create a sense of place and build a stronger, more connected community. Alley 5.5, an outdoor gallery located in downtown Bismarck halfway between Broadway and Main Avenues just off of 5th Street, features murals by local and regional artists depicting the culture and heritage of North Dakota. For more information, call 701–222–6640 or email: dwac4arts@hotmail.com.

#### SUPERSLIDE AMUSEMENT PARK

Located in the heart of beautiful Sertoma Park, next to the Dakota Zoo, 500 Riverside Park Road, Bismarck, this park is a summer favorite. With no gate admission and a large variety of attractions, the park includes a 140-foot, six-lane superslide. Other attractions include a ferris wheel, carousel, inflatable bouncer, tubs of fun, critter train ride, go-carts, bank-shot basketball, 18-hole miniature golf course and water war games. They also have North Dakota's only known roller coaster: The Runaway Train! The park is open from noon to 10 p.m. seven days a week from May 1 through mid-September, weather permitting.

For more information, call 701–255–1107 or visit www.bismarcksuperslide.com.





#### **DAKOTA ZOO**

North Dakota's largest zoo is home to more than 600 reptiles, birds and mammals. Located at 602 Riveside Park Road, Bismarck, on the east bank of the Missouri River, the zoo is open daily from 10 a.m.-7 p.m. May through September. Winter hours: 1-5 p.m. Friday, Saturday and Sunday, October through April, weather permitting. Open until 8 p.m. Wednesday nights June through mid-August. Train rides are available. For more information, call 701-223-7543 or go to the zoo's website at www.dakotazoo.org.

## LEWIS AND CLARK INTERPRETIVE CENTER AND FORT MANDAN

The Lewis & Clark Interpretive Center highlights some of the area's most famous of countless travelers and residents over hundreds of years along this special stretch of the Missouri River. Learn about the Corps of Discovery expedition and the people of Mandan and Hidatsa villages along the river. Take in engaging exhibits, hundreds of period artifacts, world-class art collections and beautiful views from the observation deck. Art by Karl Bodmer, who chronicled Plains Indian life and landscapes along the Missouri River, is showcased along with works by George Catlin.

Self-guided tours and interpreters offer visitors a focused view of the rich heritage of the northern Plains. The Museum Store specializes in regionally made crafts, jewelry, art, books and more. A rest area is open 24 hours. 2576 8th Street SW, Washburn. 701–462–8535.

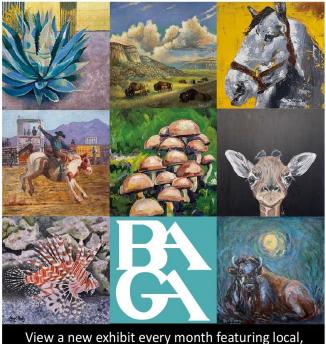
Two miles west of the Interpretive Center, step back in time at the reconstructed Fort Mandan, a full-size replica of the winter home of the Lewis and Clark expedition from 1804-1805. Their time here was characterized by the hospitality of Mandan and Hidatsa peoples. Explore furnished quarters that bring to life the daily activities of Corp members. Stroll the river path and take a selfie with a large sculpture of Seaman, Captain Meriwether Lewis' dog. In the Visitor Center, explore the store and children's play area. Find hours and admission rates for both sites at history.nd.gov.

#### STEAMBOAT PARK

The Yellowstone Steamboat at Steamboat Park is 60 feet long. Replicating the boats of that time, the vessel will give you a feeling of what it was like to travel along the river before the railroads arrived. Located on River Road along the Missouri River in Bismarck, Steamboat Park is part of the Missouri Valley Legacy Trail and is now the home for the eagle sculpture, "Reflections." It provides information and experiences relative to the cultures and history before, during and after the Lewis and Clark Expedition. For more information, visit www.bisparks.org.

CONTINUED ON PAGE 12





regional and national artists, then shop the gallery store. We're located in a historical railroad warehouse - one of Bismarck's oldest buildings!

Bismarck Art & Galleries Association 422 E Front Ave, Bismarck | 701-223-5986 | www.bismarck-art.org

Open Tues. - Fri. 10 am to 5 pm; Sat. 10 am to 1 pm (not open Saturdays in June, July or August)



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## 🌣 THINGS TO SEE & DO

#### **KEELBOAT PARK**

A 55-foot, full-scale keelboat greets you at Keelboat Park, just like the one Lewis and Clark used to travel the great Missouri River. Located under the Grant Marsh Bridge on River Road in Bismarck, Keelboat Park is part of the Missouri Valley Legacy Trail. It provides information relative to the cultures and history before, during and after the Lewis and Clark Expedition. The park includes an impressive "Thunderbirds" eagle sculpture. For more information, visit www.bisparks.org.

#### CHIEF LOOKING'S VILLAGE HISTORIC SITE

For a glorious view of the Missouri River, and to visit the site of an 18th–century Mandan village, travel to the hill above Pioneer Park, 2023 Burnt Boat Drive, Bismarck. The site is open from early spring to late fall. Free admission. Enjoy the on–site interpretation panels, walking trail and Sonali's Garden on the south end of the overlook. This memorial garden, along with the beautiful view, is a quiet place for reflection. For more information, visit www.bisparks.org.

#### **BUCKSTOP JUNCTION HISTORIC TOWN**

Step into the historic buildings and hear the stories of the people who moved here, built the towns and homesteaded the prairies of North Dakota. These are actual buildings dating from 1875 to the 1940's, moved to this site by the Missouri Valley Historical Society for preservation. They offer visitors a feel of the Missouri River Valley during the turn of the last century and the first part of this century. Buckstop Junction is supported their events, tours, membership, facility rentals, donations and sales from the vintage shoppe. Located at 3805 E. Bismarck Expressway.

Hours vary, please call 701–220–6311, visit www.Buckstoplunction.org or find them on Facebook.

Admission \$6, students up to 18 years \$3, children under 6 are free with family.

## DOUBLE DITCH INDIAN VILLAGE STATE HISTORIC SITE

Explore Double Ditch Indian Village, covering about 24 acres. This Mandan village is one of the most spectacular archaeological sites on the Northern Plains. Overlooking the Missouri River, the village was a busy, densely populated hub of trade and industry founded around 1490. The people who lived there for about 300 years created a major trading center. Learn the full story from interpretive signs as you walk along a beautiful, paved, riverside path. Explore the remains of earthlodges and fortification ditches. Stand inside the stone shelter constructed in the 1930s. View Square Buttes on the horizon, a traditional landmark separating the Hidatsa territory and the Mandan territory. Launch a kayak on the shoreline.

This site is north of Bismarck. For information and directions, visit *history.nd.gov* or call 701–328–2666. Admission is free and the site is open year round.

## KNIFE RIVER INDIAN VILLAGES NATIONAL HISTORIC SITE

This site, located one-half mile north of Stanton at 564 County Road 37, was once home to several Hidatsa villages with a total population estimated at over 3,000. The park interprets Hidatsa history and culture, as well as the perspectives on them provided by important Euro-American visitors. Among these visitors were Lewis and Clark, who here obtained the services of Sacagawea and her husband, Toussaint Charbonneau. Visible remains of earthlodge dwellings, cache pits, fortification ditches and travois trails are in an extraordinarily fine state of preservation. A ranger-staffed visitor center with museum exhibits, a short film and a furnished earthlodge provide interpretation of the site. You can enjoy over 12 miles of self-guided history and nature trails. Throughout the year, ranger-



guided experiences are available (please provide advance notice in winter). Call 701-745-3300 or visit the park website at www.nps.gov/knri for further details.

#### NORTH DAKOTA STATE RAILROAD MUSEUM

The museum has 5 acres of land in Northwest Mandan. They have 13 large rolling stock (1 SW1 Switcher Diesel Engine, a Goat or Mule Diesel Engine, three Cabooses, a Tank car, a Flat-bed car, 5 Box cars and 1 Ice-Refrigerator car, several which are open for viewing). They also have the 1890 Steele Depot, a 1947 Railway Express Agency delivery truck, 3 speeder shacks and other outside exhibits. The 3 main buildings contain many railroad artifacts, model train displays, a Kidz Zone, a Railroad Hall of Fame display and a gift store. The Mandan Historical Society has a separate museum of local photos and Mandan history. The museum is open June 1 through August 31, everyday from 1-4 p.m. Special days at the Museum are Father's Day; Watermelon Days the 3rd Sunday in July; and Railroad Days on the 4th Sunday in August, when there are Mini Train rides, hobo signs Scavenger Hunt and other activities for kids and families. The main museum is air-conditioned. Admission is free. donations are always welcome. The Railroad Museum is located off I-94 at exit 152, then north on Old Red Trail to 37th Street, then west to 30th Ave., NW. For more information, call 701-663-9322 or 701-663-7700. Follow them on Facebook, "Friends of the North Dakota State Railroad Museum." If you are visiting the Mandan area when the Railroad Museum is not open, you are welcome to walk around the museum property and view the rolling stock and other outside exhibits.

#### OLD RED OLD TEN SCENIC BYWAY

Paralleling I–94, the Byway was originally referred to as Old Highway 10.

Travelers can tour several regional and local museums and a variety of recreational opportunities exist. The natural beauty of the buttes, river valleys and prairie delivers pleasant, rural-life images for the visitor to see. The route is a great alternative to interstate travel with many exits and entrances to/from I-94.

Some of the points of interest:

- Mandan Depot, Mandan
- "Salem Sue," New Salem
- Ft. Sauerkraut, Hebron
- Schnell Recreation Area, Richardton
- Assumption Abbey, Richardton
- Badlands Dinosaur Museum, Dickinson

Interested in coffee? The Coffee Cruise is a fun way to travel along the Old Red Old Ten Scenic Byway, bringing you to specialty coffee shoppes with sweet treats and great brew. Visit www.visitdickinson.com/coffeecruise for more information.

Distance and location: 108 miles, begins at the Mandan Depot on Main Street in Mandan and travels west along Old Highway 10 to Dickinson. There is a 12-mile section of gravel road near Almont known as the Curlew Loop. Caution: 12-foot underpass between Hebron and Richardton. For more information, visit www.oldredoldten.com.



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## **Superslide Amusement Park**









to the Dakota Zoo. The park has no gate admission and a large variety of attractions; a 140-foot, 6-lane and a large unlery or antactions, a 140-160, challe-super slide anchors the attractions that include; ferris wheel, carousel, inflatable bouncer, tubs of fun, critter train ride, go-carts, bank-shot basketball, 18-hole mini-golf course, Run Away Train roller coaster and water war game. For more information, call

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### **New Generations Park**

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- 2525 N. 19th St. 701-223-3600 9-hole, 35-par course Outdoor driving range and putting green

## Tom O'Leary Golf Course 1200 N. Washington St. • 701-222-6531 • 18-hole, 69-par course

#### **Riverwood Golf Course**

- Driving range and putting green

Make a tee time at www.bisparks.org/tee-times



## 🌣 THINGS TO SEE & DO

#### **GOLF COURSES**

Did you know that North Dakota has more golf courses per capita than any other state? Pick from any of our local seven courses and you are sure to be challenged. Hills, water and trees—we have it all. \*Weather permitting.

Call the Bismarck-Mandan CVB at 701-222-4308 or 800-767-3555 for more information.

#### APPLE CREEK COUNTRY CLUB

Private, 18-hole, par-72 course, 8921 East Highway 10, four miles east of Bismarck. 701–258–5234. Open dawn to dusk, April to October.\* Non-member green fees: \$85, includes cart. Fees subject to change. Visit www.applecreekcountryclub.com.

#### **FORE SEASONS CENTER**

10 Topracer Range bays, 21 tees, indoor, lighted driving range, indoor batting cage. 2525 N. 19th Street, Bismarck. 701–223–3600. Open seven days a week, 9 a.m. to 9 p.m. Adults: \$5 small bucket, \$10 large bucket; Youth rates available. Visit www.bisparks.org. Batting cage \$16 for 30 minutes. Topracer Range \$15 for 30 minutes.

#### HAWKTREE GOLF CLUB

18-hole, par-72, nationally ranked top-100 public golf course. GPS on carts. Public bar and grill. Located northwest of Bismarck, 2.8 miles west of Highway 83 on Highway 1804. Open dawn to dusk, April to October.\* Green fees and more information, visit www.hawktree.com or call 701-355-0995.

#### MANDAN MUNICIPAL GOLF COURSE

9-hole, par-35 course, 1002 7th Street S.W., Mandan. 701–751–6172. Open dawn to dusk, April to October.\* Green fees: 18 holes, \$36; 9 holes, \$26. For more information, visit www.golfmandan.com. Senior and youth rates available. Accredited FootGolf Course.

#### PEBBLE CREEK GOLF COURSE

9-hole, par-35 course, 2525 N. 19th Street, Bismarck. 701-223-3600. Open April through October.\* Green fees: 18 holes, \$25; 9 holes, \$19. Senior and youth rates available. Outdoor driving range. Reserve tee times online at www.bisparks.org.

#### PRAIRIE WEST GOLF COURSE

18-hole, par-72 course, 2709 Longspur Trail, Mandan. 701-751-6171. Open dawn to dusk, April to November.\* Green fees: 18 holes, \$35; 9 holes, \$25. For more information, visit www.golfmandan.com. Senior and youth rates available.

#### RIVERWOOD GOLF COURSE

18–hole, par–72 course with a driving range, putting greens and cart paths. 725 Riverwood Drive, Bismarck. 701–222–6462. Open April through October.\* Green fees: 18 holes, \$38; 9 holes, \$28. Senior and youth rates available. Tee times can be made online at <a href="https://www.bisparks.org">www.bisparks.org</a>. Chosen as one of 2016 Best Courses You Can Play by Golfweek magazine.

#### TOM O'LEARY GOLF COURSE

18-hole, par-69 course, 1200 N. Washington Street, Bismarck. 701-222-6531. Open April through October.\* Green fees: 18 holes, \$30; 9 holes, \$21. Senior and youth rates available. Reserve tee times online at www.bisparks.org. ■

# SEE THE ART. SNAP THE ART. SHARE THE ART. WIN THE PRIZES!

We invite you to download our free pass and start exploring over 80 locations on the Bismarck-Mandan Art Trail today. Check-in and share your pictures to track your progress and win prizes.

Use **#BisManArtTrail** on your social media posts for more chances to win!



Locations are public points of interest, attractions and merchant locations, some offering special deals for you!



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Receive a text or e-mail with a link to your passport



Check-in at included locations to qualify for prizes



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Scan the QR code to sign up QR visit: www.noboundariesnd.com/art-trail to get your free pass.

## Mandan aces indoor courts 🂠



andan Parks and Recreation will have two new facilities for visitors this summer – the Mandan Tennis Center, with indoor tennis and pickleball courts, and a new rodeo grounds.

"For both Bismarck and Mandan and the surrounding areas, I think people are always looking around for activities that don't duplicate each other and we've done a nice job complementing what Bismarck and what Mandan provide," says Mandan Parks and Recreation Director

Along the north side of I-94, the Mandan Tennis Center is next to the Starion Sports Complex at 520 16th Street NE, Mandan.

"We've made a whole complex along the north side of the interstate," Higlin says. The Starion Sports Complex

includes a twosheet ice arena, a football field and a track, along with the Dakota Star Gymnastics facility. The Mandan Tennis Center is on the east end of the complex as the newest addition.

"We are excited to bring tennis and pickleball as lifetime activities to an indoor facility in Mandan," Higlin says.

The \$4.1 million Mandan Tennis Center includes 41,600 sauare

A rendering of the new rodeo grounds shows the two covered grandstands, which will seat 4,000 spectators.

feet inside a 55-foot-tall dome featuring six indoor tennis courts. Five of the courts will be multi-striped to allow for 10 pickleball courts. All six courts will include scoreboards.

Outside the dome is a 3,000-square-foot welcome center and four outdoor pickleball courts. Players will find tennis and pickleball accessories in a retail area as well.

The facility will serve a growing need in the community for tennis and pickleball and will be available to tennis teams and summer parks and recreation programs.

Free court space will also be set aside each week for first responders and active members of the military. The dome will have the potential to host tournaments and will allow for tennis and pickleball lessons and leagues to be played in the fall, winter and spring.

Reservations will be needed to use the courts, with information at www.mandantenniscenter.com.

#### RODEO GROUNDS UPGRADED

Providing a permanent home for the annual professional rodeo in combination with other western and equestrian events bolsters Mandan's claim to being "Where the West Begins," and has motivated construction of a new rodeo arena, the Dale Pahlke Arena on the Dakota Community Bank & Trust Rodeo Grounds.

> "We're building a brand new rodeo arena that will have two covered arandstands with 2,000 seats on each side, so a total of 4.000 seats. It will be the home of the Mandan Fourth of July Rodeo, July 2, 3 and 4," Higlin says. The arena will also be home to the Mandan Horse and Saddle Club's activities associated with the rodeo industry.

Located on the west side of Dacotah Centennial

Park, the Dale Pahlke Arena features an open-concept pavilion for live music, a larger arena with improved drainage, new fencing and gates, a new announcer stand and a 4,000-seat ADA-accessible grandstand with covered canopies. An open area allows for food trucks to park, to allow for a variety of food options during events.

The \$3.3 million rodeo arena is 100% fundraised with generous support from Bismarck-Mandan businesses and individuals.



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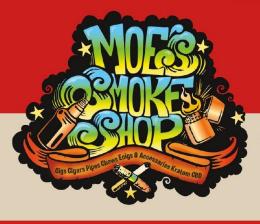








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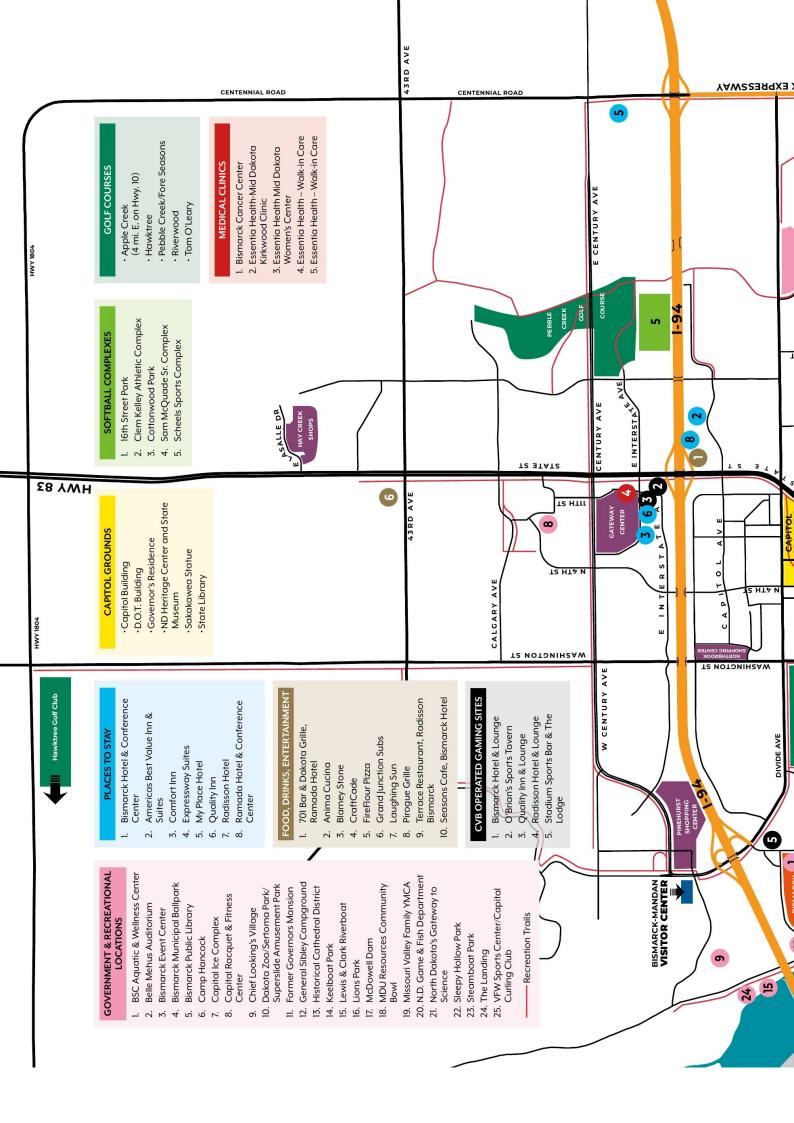
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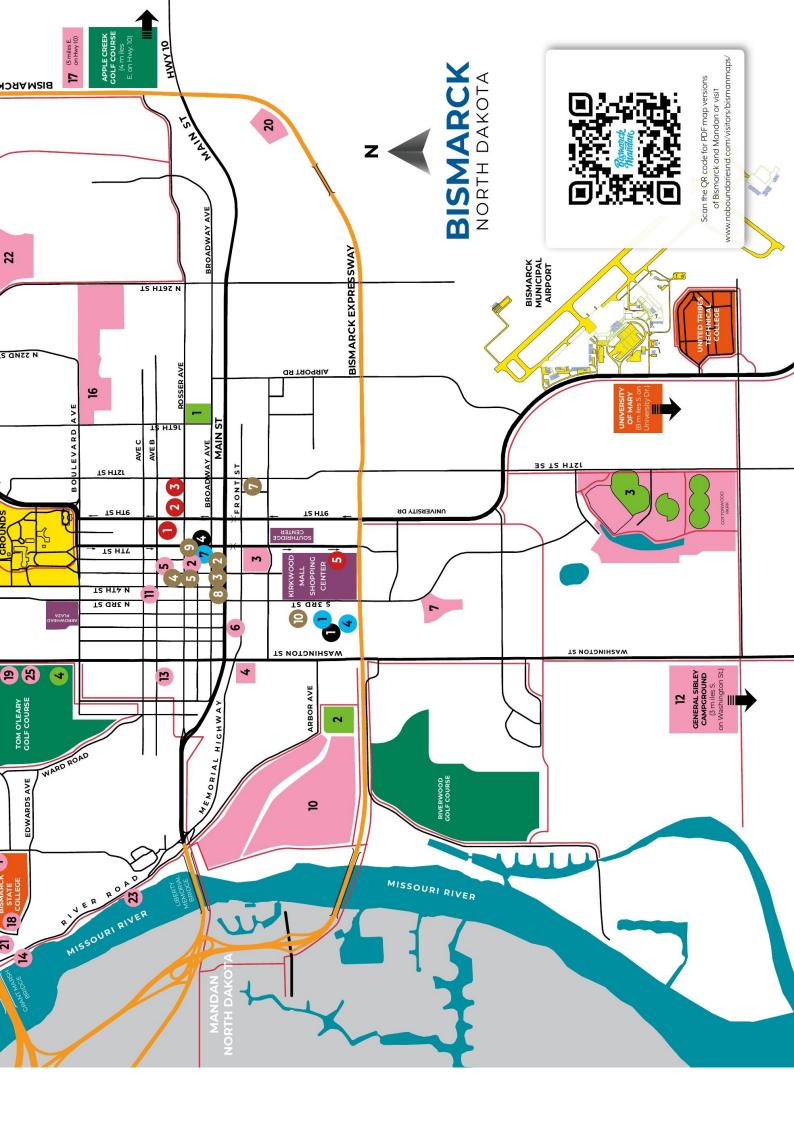
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## Bismarck wheels out bike share program

ith about 3,500 acres of land, nearly 85 miles of recreational trails, 64 parks and 56 playgrounds, along with a myriad of other recreational facilities, there's plenty to explore within the Bismarck Parks and Recreation District.

Now, visitors can explore the area through BisParks BCycle, Bismarck's new bike share program.

This will be the first full summer for the program, says Kevin Klipfel, executive director of the Bismarck Parks and Recreation District.

"It's a neat recreational opportunity, especially for those folks who are in town visiting and don't have their bike with them," he says.

With 50 bikes available, the program offers residents and visitors the opportunity to rent a bike to explore the community, with stations located at Sertoma Park, 300 Riverside Park Road; Pioneer Park, 2020 River Road; the Bismarck State College Aquatic & Wellness Center, 1601 Canary Ave.; and Peace Park, 400 E. Front Ave.

Riders can enjoy all that Bismarck has to offer, including its extensive shared-use trail system by going to one of the four bike stations. Then follow the steps to check out a bike at a kiosk touchscreen or get the BCycle app.

Bikes can be rented from 7 a.m. to 11 p.m. daily.

BisParks BCycle classic pedal bikes feature an easy-to-use adjustable seat post. A front basket provides a space to stow your belongings while riding. Automatic lights help keep you safe at all times of day. Three speeds are perfect for riding in the community.

The cost of riding is \$5 for the first hour, then 7 cents for each additional minute.

When you are done with your ride, bring the bike to an empty dock at any station. Push the bike in all the way until you hear three beeps and see a green light.

Bismarck also offers two fitness facilities, three golf courses, four ice rinks and other recreational opportunities.

Visit www.bisparks.org for details. ■







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#### AMENITIES LEGEND

- **Breakfast**
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- Dinner
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- Banquet & Party Room
- Children's Menu
- **Reservations Suggested**
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Feast of the Rock 46 miles south of Mandan, Hwy 1806 Fort Yates, ND 1-800-425-8277 prairieknights.com

Located in Prairie Knights Casino and Resort, the Feast of the Rock offers a menu as well as an all-you-can-eat buffet, carving station and dessert bar. Open seven days a week.



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Located in Prairie Knights Casino and Resort, the Hunters Club offers fine dining in a casual and relaxing atmosphere. Menu items include steak, seafood, pastas and gourmet desserts. Open Tuesday through Sunday, reservations suggested.

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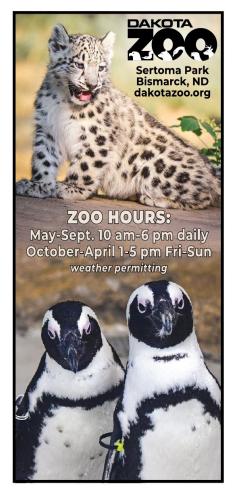
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If you are interested in advertising in the 2024 Bismarck-Mandan Visitor Guide, contact: **Duane Crabbe** 

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## The Landing is a gateway to heritage sites

he Landing is the orientation headquarters of the Northern Plains National Heritage Area (NPNHA), inspiring visitors to engage with the beauty and complexity of the Missouri River in central North Dakota. Visitors walk over an etched granite map of the Missouri River and, upon entry, can engage with a digital interactive kiosk that identifies heritage recreational opportunities.

The Landing is located where the Lewis & Clark Riverboat docks at 1700 River Road in Bismarck, and passengers can purchase tickets for the commercial riverboat cruises at The Landing as well.

The Landing is staffed year-round and includes an education gift shop. Also be sure to obtain your official National Park Service NPNHA passport stamp while you visit. Visitors can also dine at the Huckleberry House, which offers modern interpretations of Nordic dishes, accompanied by creative cocktails served in sleek surroundings at the riverside restaurant. The restaurant is complete with two levels of both indoor and outdoor dining space, with classic design elements within an 1800s-inspired boathouse.

"As the orientation headquarters of the Northern Plains National Heritage Area, we are connected with the heritage that has and continues to shape and inform this amazing nation," says Aaron Barth, executive director of the Missouri Valley Heritage Alliance and NPNHA. "The place names, foods, arts, culture and industry of the Missouri River Valley embody centuries of history and tradition and reflect the rich heritage of the Northern Plains."

The NPNHA spans an 80-mile length of the Missouri River in central North Dakota. State historic sites like Double Ditch Indian Village, Fort Clark, the Lewis & Clark Interpretive Center and Camp Hancock are interconnected and illuminate events of the past through interpretive signage, exhibits and programming. Self-guided walking tours of National Register historic districts and digital audio trails offer moments of discovery in everyday places.

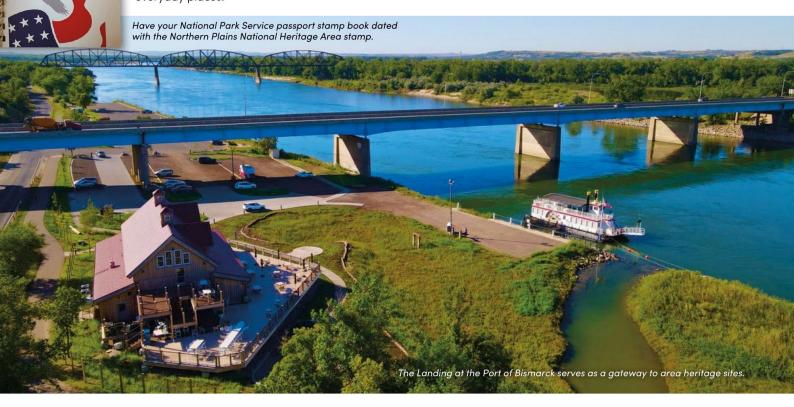


**Aaron Barth** chats with Professor **Matthew Kirkwood** and explains the etched granite Northern Plains National Heritage Area map at the entrance of The Landing to a visiting class from North Dakota State University's Department of Landscape Architecture.

"Conversations inform collaboration, and this has and continues to allow for heritage projects to materialize," Barth says. "Visitors want to come and enjoy the river, and when they're done here, either regional or national or international visitors, will ask, 'What else is there to do?'" The NPNHA and The Landing points visitors to those additional sites and events.

As the interpretive headquarters, The Landing collaborates with city, county, state, federal and nonprofit and private partners.

"We can accomplish whatever we set our minds to when we collaborate and partner," Barth says.



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## New exploration opens at North Dakota's Gateway to Science

verlooking the majestic Missouri River, North Dakota's Gateway to Science fosters science exploration with interactive exhibits, ranging from a life-size animal for future veterinarians to a giant set of teeth for aspiring dentists. Create a cloud. Or plant a virtual crop.

Opening in a new building this spring, Gateway to Science is now located at 1600 Canary Ave., Exit 157 off I-94 and north of Bismarck State College.

With soaring windows, the new center embraces the surrounding science.

"If you look out the window, you can see all the science of North Dakota. You see water, agriculture, energy and transportation, and there are hands-on activities for people to do in all of those areas and more inside the building," says Judy Sauter, marketing director for North Dakota's Gateway to Science.

Inside the 43,000-square-foot building is 13,700 square feet of an interactive gallery, which is five times more space than the former facility.

An education wing includes a laboratory classroom, two additional classrooms and outdoor learning areas.

The second floor holds the 7,800-square-foot innovation space, fostering an environment to help build 21st century skills, such as collaboration, creativity and critical thinking. The innovation space includes movable tables, flexible seating and a mix of high-tech and low-tech tools and resources.

More than 3,500 square feet of deck space wraps around the science center's south exhibits

different areas where we can have some of our classes and do our activities. There will also be a lot of natural grasses and flowers planted around the building to illustrate North Dakota and the science of it," Sauter says.

Inside, interactive exhibits beckon little hands.

"We say touch everything and try it out," she says.

Some exhibits from the former gallery have made the move, but new additions are located in nine different galleries focusing on different topics.

A life-size steer allows kids to be a veterinarian, listening to the heart, stomach and lungs. A 22-foot-long water table at three different heights includes 10 interactive activities.

In a virtual farm, kids decide what crops to plant and incorporate technologies that will affect the crops throughout the growing season.

A construction zone includes giant blocks to build, while another exhibit teaches how we produce and distribute energy.

The health care exhibit includes a giant set of teeth that children can floss and check for cavities.

"It's educational, but fun," Sauter says.

"A lot of times, adults come with their kids and within a few minutes, you see the adults are just as engaged in some of those exhibits," she says.

Main gallery areas include:

SCIENCE FIRST – Science exploration for preschool children. These exhibits are tailored to young visitors, and are set in a welcoming and safe environment. A collection of connected activities encourages children's natural curiosity and need for exploration.



**WATER PLAY** – Discover what water can do. Fun activities will allow all ages to explore the amazing properties of water, learn how water flows and behaves under pressure, how we manage and use it, and how objects float and move through it – all from a Bismarck and North Dakota perspective.

**KEEP IT MOVING** – Designing transportation systems for land and air. Transportation is all about moving stuff – including ourselves – from one place to another. This takes valuable time and energy, so we're always looking to design better, faster and more efficient ways to keep things moving.

FORCES IN MOTION – Engineering, solving problems and making things happen. When they enter the Forces in Motion exhibit, visitors of all ages can launch, push, vacuum and sort hundreds of plastic balls with varied mechanisms. Forces in Motion will encourage collaboration and will appeal especially to kinesthetic learners.

**WEATHER ALL AROUND US** – Climate cycles and other changes in the atmosphere. The exhibits invite visitors to be a North Dakota TV meteorologist, staff a

weather monitoring station, create a cloud and build windbreaks to solve wind-related problems around a virtual farm.

GROWING SCIENCE – Exploring
the science and technologies
essential to agriculture. The future of
agriculture depends on developing
new technologies

to help maximize production and minimize impact on our natural resources. Farmers look to science, engineering and technology to streamline agricultural processes, including production, distribution and consumption.

**EXAMINING YOU** – Medical technology and your health. This is the place where visitors will use various technologies to help them see how their own bodies function under different conditions.

**TRANSFORMING ENERGY** – From fundamental physics to fuel production and use. Energy is what keeps things happening around the house and throughout the universe. This grouping of exhibits involves visitors in a range of energy-related subjects and reflects North Dakota's "all-of-the-above" energy landscape.

SUN, EARTH,

UNIVERSE – Focusing on Earth and space science. This is an engaging and interactive exhibit about Earth and space science for family audiences. Visitors of all ages will design and build model spacecraft and think critically as they examine data from Earth and beyond.

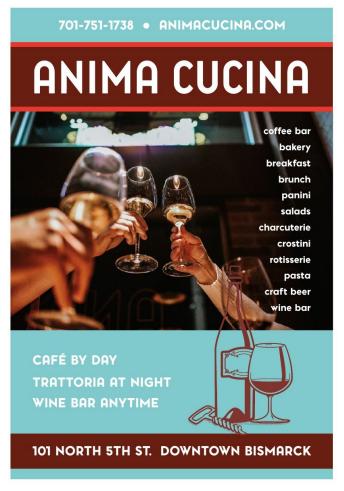












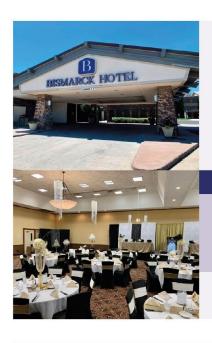
### Are we your 50th state to visit? Uffda, let us celebrate that!

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	Hampton Inn	1440 Mapleton Ave	701-751-3100	न	Æ	•	*	Ė
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	Comfort Inn & Suites Mandan	1516 27th St NW	701-751-7484	÷	E		*	Ė
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## BISMARCK MANDAN CALENDAR OF EVENTS

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#### 🌣 RECREATION & WELLNESS

B ismarck-Mandan visitors are invited to enjoy the area's wealth of recreation activities — indoors and outdoors, all year round. Details on curling, soccer, tennis, racquetball, pickleball, disc golf & frolf courses and numerous other programs can be found by calling:

## BISMARCK PARKS & RECREATION DISTRICT

400 East Front Avenue, Bismarck, ND 58504 701-222-6455 www.bisparks.org

## MANDAN PARKS & RECREATION

2600 46th Avenue S.E., Mandan, ND 58554 701-751-6161 www.mandanparks.com

#### PERFORMING ARTS

- Bismarck-Mandan Symphony Orchestra; 701-258-8345; performances held at Belle Mehus Auditorium, 201 North 6th Street, Bismarck, ND 58501. Visit www.bismarck mandansymphony.org.
- Dakota Stage Theatre; 701-258-4998; 412 East Main Avenue, Bismarck, ND 58501. Visit www.dakotastageltd.com.
- Frances Leach High Prairie Arts & Science Complex; 1810 Schafer Street, Bismarck, ND 58501. For more information, see page 9.
- Northern Plains Dance;



701-530-0986; 1125 East Main Avenue, Bismarck, ND 58501. Visit www.northernplainsdance.org.

Sleepy Hollow Summer Theater; 701–319–0894; 26th and Divide, Bismarck. Visit www.shtap.org.

#### **TRAILS**

The Bismarck Parks and Recreation District provides more than 80 miles of recreational and offroad trails to the public. Check for the most current trail map online at www.bisparks.org.

#### SOME OF THESE INCLUDE:

Pioneer Park to	
Expressway	3.04 miles
Riverwood Golf C	ourse
Loop	3.62 miles

Solheim School to Wachter	
Middle School 1.64 mi	les
Cottonwood Park	
<b>Loop</b> 1.06 mi	les
Tom O'Leary	
<b>Golf Course</b> 2.30 mi	les
Chief Looking's	
Village1.1 mi	les
Sertoma Park Loop 3.10 mi	les
Hay Creek Trail3.14 mi	les
Riverfront Trail2.05 mi	les

#### NON-PAVED MOUNTAIN-BIKING TRAILS:

Sleepy Hollow Mountain
Bike Trail.......4.00 miles
River Bluffs Mountain
Bike Trail ......3.90 miles

Mandan also has a paved recreation trail system.

#### SOME OF THESE INCLUDE:

Old Red Trail	. 4.80 miles
Lewis & Clark Trail	1.50 miles
Sunset Park	
Walking Trail	1.00 mile
Sunset Park Mountain	
Biking Trail	. 2.00 miles
3rd Street to	
Fort Lincoln	. 2.90 miles
6th Ave. SE to	
Prairie West	1.40 miles
Prairie West to	
Expressway	. 2.60 miles
Missouri River Mounta	in
Bike Trail	. 2.40 miles
Missouri River	
Nature Trail	. 5.60 miles

The total trail systems in Bismarck–Mandan have now grown to a combined total of more than 100 miles! They provide access to virtually all the recreational venues in Bismarck and Mandan. When you are on the trails, you can truly "get from here to there," from Pebble Creek Golf Course on the east side of Bismarck to Fort Abraham Lincoln State Park south of Mandan.

#### **VOLKSMARCH**

The Bismarck–Mandan Volksmarch headquarters are at the Bismarck–Mandan Visitor Center, 1600 Burnt Boat Drive, Bismarck. Journey through our capital city on the AVA–sanctioned "Capitol Volksmarch."

Volksmarch headquarters hours are the same as the Bismarck– Mandan Visitor Center. For more information, stop by, or call 701– 222–4308 or 800–767–3555.

#### GEOCACHING

Did you know that there are over 100 geocaching sites in and around Bismarck–Mandan? So, start looking! For more information, call the N.D. Capital Cachers at 701–258–4196 or visit www.geocaching.com.

#### **BIRDING DRIVES**

Along each of the three area driving routes, you will be rewarded with a bounty of opportunities to observe, study and photograph interesting birds amid historic landscapes.

Stop by the Visitor Center at 1600 Burnt Boat Drive in Bismarck to pick up a brochure.

#### **PLAYGROUNDS**

Bismarck-Mandan has well over 70 playgrounds with various themes to encourage active play for all ages and abilities. For a full listing of locations, call or visit the websites of our local Parks and Recreation Districts.

## Bismarck Parks and Recreation District

701-222-6455 www.bisparks.org

Mandan Parks and Recreation 701-751-6161

www.mandanparks.com



### RECREATION & WELLNESS -

#### SWIMMING POOLS **OPEN YEAR ROUND:**

- Bismarck State College Aquatic & Wellness Center 1601 Canary Ave., Bismarck. 701-751-4266 or visit www.bisparks.org. Call for pool hours and fees. Open swimming and inflatable water toys. Facility hours September thru May: Monday through Thursday: 5:30 a.m.-10 p.m.; Friday: 5:30 a.m.-8 p.m.; Saturday: 7 a.m.-7 p.m; Sunday: noon-7 p.m.
- Mandan Aquatic Center 901 Division Street N.W., Mandan. 701-751-2223 or 701-751-6161.

Call for pool hours and fees or visit www.mandanparks.com.

Missouri Valley Family YMCA 1608 North Washington, Bismarck. 701-255-1525 or visit www.bismarck ymca.org. Call for pool hours and fees. Facility hours: Monday through Friday: 5 a.m.-11 p.m.; Saturday: 6 a.m.- 7 p.m.; Sunday: 9 a.m.-7 p.m.

#### **OPEN JUNE TO AUGUST:**

Call pools for hours and fees.

- Elks Aquatic Center 321 W. Broadway Ave., Bismarck. 701-222-6607. www.bisparks.org.
- Hillside Aquatic Complex Pool and facility including slides, a climbing wall and party rooms. 1719 E. Boulevard Avenue, Bismarck, in Lions Park. 701-222-6419. www.bisparks.org.
- Wachter Aquatic Complex Wave Pool 205 E. Reno Avenue. Bismarck. 701-222-6614. www.bisparks.org.

#### WATERSLIDES **OPEN YEAR ROUND:**

- Bismarck State College Aquatic & Wellness Center 1601 Canary Ave., Bismarck. 701-751-4266 or visit www.bisparks.org. Inflatable water toys to bounce, jump and climb. Call for days and times.
- Mandan Aquatic Center 901 Division Street N.W., Mandan. 701-751-2223 or 701-751-6161.

Call for hours and fees or visit www.mandanparks.com.

#### **OPEN JUNE TO** AUGUST:

Raging Rivers Waterpark Located off the Bismarck Expressway at McKenzie Drive Exit, 2600 46th Avenue S.E.,

Mandan. 701-663-3393. Call for hours and fees or visit www.ragingriverswaterpark.com.

#### WATER RECREATION

- Harmon Lake Recreation Area Located on Otter Creek just eight miles north of Mandan on Highway 1806, this area offers an adventurous atmosphere of amenities including: campsites, picnic shelters, fishing piers, trails, playground and various watercraft rentals. Highway 1806 & County Road 140, Mandan. For more information, call 701-667-3363
- McDowell Dam Recreation Area

This 271-acre park is located five miles east of Bismarck on Old Highway 10 and one mile north. Available activities include swimming, boating, fishing, kayaking, paddle boarding and paddle boating. There is a public beach, picnic shelters that are available and can be reserved for special occasions, horseshoe pits, a small concessions area, a playground and modern restrooms. There is a paved recreational trail as well as a hiking trail and wooded area for nature walks or runs. For more information, call 701-223-7016.

Missouri River

Dotted with sandbars and lined by gentle river bluffs, this broad, swift waterway has public access points that are numerous along the southern stretch of the river and most are good. Several public sites can be used for camping for canoeists who wish to make an extended trip. Canoe rentals and outfitters are also available. Walleye fishing on the Missouri River system is excellent.

If you would like to get out on the Missouri, check out Missouri Kayak Adventures. They rent kayaks, canoes and standing paddle boards. For more information, call 701-226-5204.

#### RACETRACK

Dacotah Speedway: Dacotah Centennial Park, 2500 Longspur Trail, Mandan. Open from May to September. For more information, info@dacotahspeedway.net or call 701-663-6843.

#### **BMX/MOTOCROSS**

For race schedules, visit: www.ndmamx.com. Bismarck Motocross: FMI contact Steve Anderson at 701-391-8603. North **Dakota Motocross Association:** FMI contact Travis Olson at 701-220-4671. Directions to Bismarck's track: Take I-94 to Exit 161. Turn South off exit ramp and continue 1.5 miles. Turn left east on East Main Avenue and continue 0.2 miles, the entrance is on the right. Offering open practice at a daily rate for non-members.

#### PRO SPORTS TEAM

■ The Bismarck Bobcats generate exciting hockey action at the VFW Sports Center. Their 60game schedule runs September through March. For more information, call 701-222-3300 or visit www.bismarckbobcats.com. ■ Bismarck Baseball is fun for the whole family! The Bismarck Larks play May through August at the Bismarck Municipal Ballpark, For more information. call 701-557-7600 or visit www.larksbaseball.com.

#### **SKATE PARKS**

Try our three outdoor skate parks. Two are located in Bismarck at Lions Park E. Blvd. Ave. & N. 16th St. and Sons of Norway Park E. Bismarck Expy., west of Myhre School. The Mandan Skate Park is located behind the Mandan Aquatic Center 901 Division St. N.W. The parks are for skateboarding, in-line skate and bicycle use.

#### ICE SKATING, **OUTDOOR**

Warming houses are located at the following:

- Bismarck Municipal Ballpark 303 W. Front Avenue, Bismarck. One hockey rink. 701-222-6636
- Jaycee Centennial Park 321 E. Century Avenue, Bismarck. One hockey rink and one pleasure rink. 701-222-6632
- **Legion Park Complex** 1111 10th Avenue S.W., Mandan. 701-751-6161

- Lions Park
- 1001 N. 17th Street, Bismarck. One hockey rink and one pleasure rink, 701-220-7135
- New Generations Park 1021 Mustang Drive, Bismarck. One hockey rink and one pleasure rink. 701-751-0690
- North Central Park 830 Central Avenue, Bismarck. One hockey rink and one pleasure rink. 701-221-6875
- Tatley-Eagles Park 602 Airport Road, Bismarck. One hockey rink and one pleasure rink. 701-222-6634
- VFW Post 1326 Family **Recreational Park** Solheim School, 325 Munich Drive, Bismarck. One hockey rink and one pleasure rink. 701-221-3499

#### OTHER OUTDOOR PLEASURE RINKS:

- Borden Harbor Park 3805 Sandpiper Trail, Mandan.
- KC Park 801 3rd Ave. N.E., Mandan.

#### ICE SKATING, INDOOR CAPITAL ICE COMPLEX

1504 Wichita Drive, Bismarck.

Visit www.bisparks.org for schedules.

#### STARION SPORTS COMPLEX 111 Old Red Trail NE, Mandan 701-751-6166

■ Call for public skating times or visit www.starionsportscomplex.com

#### VFW SPORTS CENTER

#### 1200 N. Washington Street, **Bismarck**

Visit www.bisparks.org for schedules.

> MORE RECREATION & WELLNESS ON PAGE 34



#### RECREATION & WELLNESS

#### SNOW SPORTS **SLEDDING HILLS**

Enjoy sledding at Tom O'Leary Sledding Hill in Bismarck at 1200 N. Washington Street or at H.A. Kautzmann Park in Mandan at 500 Lohstreter Road N.W.

#### CROSS-COUNTRY SKIING

#### Groomed trails are available:

- Riverwood Golf Course will be open for cross-country skiing when there is adequate snow cover. Ski rental hours are 10 a.m. to 5 p.m. daily. For conditions or more information, call the Riverwood Golf Shop at 701-250-7677 or 222-6462 or visit www.bisparks.org.
- Atkinson Nature Park is a natural wooded area, located just south of the Walt Neuens Horse Arena, 1921 Riverwood Drive, Bismarck.
- General Sibley Park & Campground, Bismarck.
- Mandan offers ski trails at Prairie West Golf Course and the Missouri River Nature Area along the Missouri River off Missouri Drive.

#### DOWNHILL SKIING, SNOWBOARDING AND SNOW TUBING

■ Huff Hills, 5455 County Road 80, Mandan, 701-663-6421. www.huffhills.com.

#### HOW'S THE FISHING IN NORTH DAKOTA?

To find out, call 800-ASK-FISH from anywhere in the country and get free recent fishing reports on our major waters and timely tips on local hot spots.

The fast current changes the Missouri River's flow constantly, sometimes challenging even the best anglers' navigating ability. The walleye fishery in the Missouri River is one of North Dakota's local secrets, with only a 2-percent usage by nonresidents.

#### **HUNTING AND FISHING**

Bismarck-Mandan sits in the center of North Dakota's outdoor resources, where hunters can take advantage of some of the best hunting land in the world. Hunters of waterfowl, upland game, big game and furbearers are sure to find adventurous hunts. For more information, contact the North Dakota Game and Fish Department at 701-328-6300.

Copies of the complete 2023-2024 North Dakota small game and furbearer regulations will be available at state license vendors and Game and Fish Department offices by early August 2023.

If you need to hone your shooting eye for the many North Dakota hunting seasons, contact:

- Bismarck-Mandan Rifle & Pistol Association -4667 Skyway, south of airport, Bismarck. www.bmrpa.org.
- Capital City Gun Club -4 miles north of Bismarck on Highway 83. 701-223-9542.
- Capital City Sporting Clays -From Bismarck, east on I–94 to Exit 170 Menoken, north 3 miles to 71st Ave., left on 71st Avenue, west 2 miles. 701-220-1003.
- Nishu Bowmen Indoor Archery Range - 1409 Riverwood Drive, Bismarck. 701-221-3529.
- Skip Balzer Memorial Shooting Range (MacLean Bottoms) Two miles south of ND Highway 1804, approximately 15 miles southeast of Bismarck.
- **Travis Hilfer Memorial Archery** Range - 1900 Mandan Ave., NE, Mandan.

If a genuine hunting adventure is what you are looking for, try

Rolling Plains Adventures www.rollingplainsadv.com; McKenzie. 701-367-3737.

If a you're looking for a great fishing guide service to take you out, contact:

■ Mike Peluso Outdoors & Guide Service

www.mikepelusooutdoors.com; Bismarck. 701-471-8649.

#### **CAMPGROUNDS**

available.

- Bismarck KOA Campground - 1 mile north of I-94, Exit 161, 800-562-2636 or 701-222-2622. Tent and full-hookup RV sites available, along with 35 Patio Deluxe sites, four camping cabins, shower and swimming pool. Winter sites are also
- Colonial RV Park 4631 Memorial Highway, Mandan, 701-663-9824, 30 full hookup RV sites with 30/50-amp power, sewer and Wi-Fi. Laundromat nearby.
- Eagles Park Campground 9 miles north of Pioneer Park on Highway 1804. 701-222-6455, 25 campsites, primitive, 3 posts with electricity, must be reserved via phone or in person at Bismarck Parks and Recreation Administrative Office only at 400 East Front Avenue.
- Fort Abraham Lincoln State Park - 7 miles south of Mandan on Highway 1806, 701-667-6340, 82 modern campsites (water and electric). 15 water only, and two cabins. Equestrian sites available.
- General Sibley Park & Campground - 4 miles



south on Washington Street, Bismarck, 701-222-1844, tent, 115 RV sites with electric, shower and sewer. 30- and 50-amp service available. Day park with 18-hole disc golf course, interpretive trail, boat dock and reservable picnic areas.

#### ■ Hillcrest Acres Campground - I-94, Exit 161, 1.5 miles south,

1.5 miles east, Bismarck, 701-255-4334, tent, 60 full-hookup RV sites

A Prairie Breeze RV Park - 9 miles east of Bismarck, 2810 158th Street N.E., Menoken. Located at I-94, Menoken Exit 170, 701-224-8215. 42 full-hookup pull-through RV sites with 30 or 50 amp power. Restrooms, showers and laundry.

#### **RV DUMPSITES**

- Bismarck KOA Campground
  - See Campgrounds listing for address & phone number.
- Cenex 1160 W. Divide Avenue, Bismarck, 701-258-0266, seasonal.
- Flying J Travel Center 3825 Business Loop I-94, Mandan, 701-663-6922, seasonal.
- Fort Abraham Lincoln State Park - See Campgrounds listing for address & phone number.
- General Sibley Park See Campgrounds listing for address & phone number.
- A Prairie Breeze RV Park -See Campgrounds listing for address & phone number.
- Stamart Travel Center 3936 E. Divide Avenue, Bismarck, 701-222-1675.
- Sunset Tesoro 808 Boundary Street N.W., Mandan, 701-663-2811, seasonal.

#### **BOAT RAMPS AND MARINAS**

#### Fox Island

Riverwood Drive, Bismarck

#### General Sibley Park & Campgroumd

South Washington Street, Bismarck

#### **Graner Bottoms**

South of Mandan on Highway 1806

#### **Hoge Island Park**

North on River Road, Bismarck

#### **Keelboat Park**

River Road, Bismarck

#### **Kimball Bottom**

South of University of Mary on Highway 1804, Bismarck

#### **Kniefel Boat Landing** North on River Road, Bismarck

**Little Heart Bottoms** 

South of Mandan on

#### Highway 1806 Marina Bay

West side of Expressway Bridge, Mandan

#### Misty Waters Marina

North of Bismarck on Burnt Creek Loop

#### Moritz Sport & Marine Marina Road, Mandan

#### **Prairie Knights Marina**

45 miles south of Mandan on Highway 1806

#### **Southport Marina**

Harbor Drive, Bismarck ■



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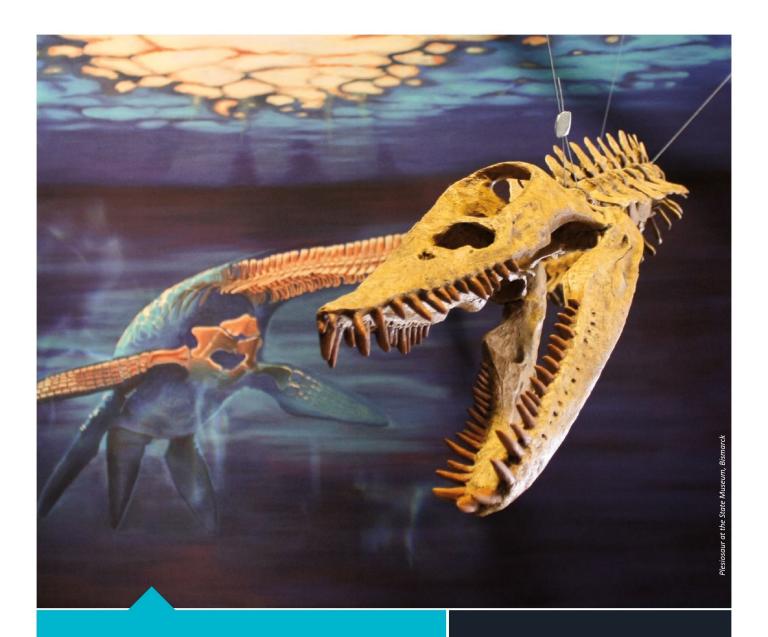
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