



Kayaking on Lake Sakakawea

## ADVENTURE IN NORTH DAKOTA



Pembina Gorge



Rolling Plains Adventures



Bully Pulpit



Maah Daah Hey Trail

North Dakota invites you to Be Legendary and discover your adventurous spirit. Come and explore the waterways traveled by early fur traders, steamboats and the Lewis & Clark Expedition while enjoying the wide-open prairies and scenic river valleys that were the hunting grounds, farms and villages of the Native Americans of the Northern Plains. Follow well-traveled trails once taken by western legends like Custer, Sitting Bull and Theodore Roosevelt or take it all in from a modern perspective on an ATV or paddleboard. Any way you choose to experience it, your North Dakota adventure awaits.

### Day 1

**Fort Ransom/Valley City** — The Sheyenne River Valley National Scenic Byway winds through the valley towards Fort Ransom State Park, a great spot for canoeing and kayaking with rentals available. Enjoy a comfortable overnight in a Yurt, a truly unique lodging option. The park lies along The North Country National Scenic trail and one trail spur in this area leads to North Dakota's only natural waterfall.

**Scheels Sporting Goods, Fargo** — The Midwest's Largest All-Sport store has more than 88 specialty shops and includes the region's largest selection of sporting goods, sportswear and footwear under one roof.

**Boathouse on the Red, Grand Forks** — Enjoy the beautiful Red River from a canoe, kayak or paddleboard available for rent in the summer from a shoreline boathouse just west of Sorlie Bridge in Grand Forks.

### Day 2

**Pembina Gorge, Walhalla** — In the northeastern corner of North Dakota, the Pembina Gorge is a beautifully forested valley along the Pembina River, the only river in North Dakota with class 1 rapids, usually found in the spring. This hiker's playground has miles of multipurpose trails that take you to places experienced by few. The Gorge also is home to state's only mountain bike terrain park.

NORTH  
**Dakota** Be Legendary.™



**Devils Lake** — Known as the Perch Capitol of the World, Devils Lake is North Dakota's largest natural lake. Find opportunities for water recreation, camping and wildlife viewing and, of course, fishing. Check out Woodland Resort for a true full-service experience. Don't miss Sullys Hill National Game Preserve. Once a national park, the preserve is the perfect place to see elk, bison and hundreds of bird species.

### Day 3

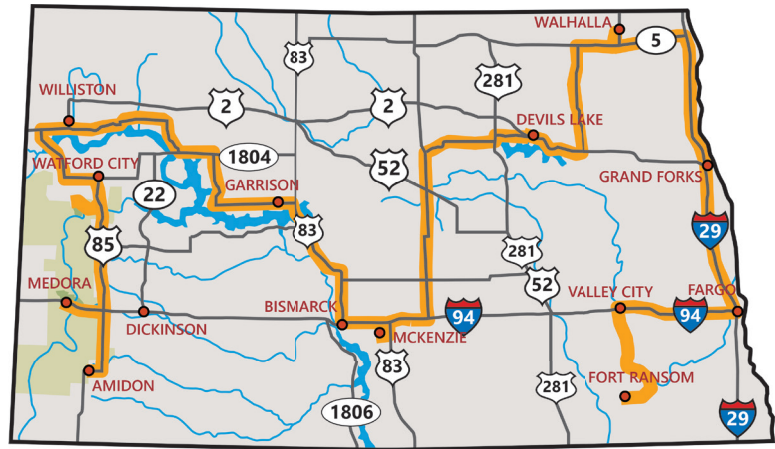
**McKenzie** — Step back in time to a land where cowboys still roam the open range at North Dakota's premier working ranch, Rolling Plains Adventures at Black Leg Ranch. Here, Native Americans hunted buffalo and settlers sought out a better life. Ride horseback down wagon trails from the 1800s while driving cattle. Five generations of the Doan family have farmed this 10,000-acre ranch. Black Leg Brewery is a new addition to the Ranch.

**Bismarck** — Paddle the scenic and historic Missouri River in and around Bismarck/Mandan. Take the stretch south of Fort Lincoln to Kimball Bottoms and find cool clean water and peaceful scenery along the shady cottonwood forested shoreline. Many bald eagles nest along this stretch and sandbars provide a nice place to stop for a break. Missouri Kayak Adventures and Paddle On North Dakota offer shuttles and rentals.

### Day 4

**Audubon National Wildlife Refuge, Coleharbor** — Encompassing 14,735 acres of native prairie, grasslands and wetlands, Audubon is a great place to view thousands of migrating birds in the spring and fall. The visitor center houses exhibits about wildlife habitat and refuge information. The refuge is situated along the North Country National Scenic Trail with four miles of prairie trail for hiking and backpacking. Other activities include driving the auto tour, wildlife photography, hunting and fishing.

**Lake Sakakawea** — Lake Sakakawea is the largest man-made lake by surface area in the United States. The 178-mile-long reservoir is a premier destination for fishing, camping, water recreation, hiking and so much more. Garrison, the gateway on the northeast end of the lake, hosts thousands of anglers



each year. Fort Stevenson State Park, a popular campground for lake recreation enthusiasts, offers equipment rentals and a full-service marina. Lund's Landing offers boat rentals and cabins on the west end of the lake near Williston. It's also known for its beautiful country setting and genuine hospitality. Restaurant specialties include Juneberry Pie and pan-fried walleye.

### Day 5

**Theodore Roosevelt National Park** — Named for the 26th president, Theodore Roosevelt National Park is a fitting memorial for his ideals on conservation. The breathtaking scenery is the perfect backdrop for hiking and wildlife viewing adventures. A scenic drive in either the north or south unit will provide ample wildlife viewing, including, bison, elk, prairie dogs, white-tail and mule deer. The south unit is known for abundant wild horses and the north unit has a majestic population of bighorn sheep that can be seen roaming the park.

### Badlands Trail Rides,

**Medora** — Both seasoned riders and novices will find a horse and trail that provide a uniquely western view of the rugged North Dakota Badlands.

### Day 6

**Maah Daah Hey Trail** — The longest continuous non-motorized single-track mountain biking trail in America covers 144 miles along ridges, bluffs and valleys in the Little Missouri National Grasslands, some of the most scenic areas of the North Dakota Badlands. Access the trail from one of nine campgrounds. 701 Cycle and Sport offers bike rentals. Dakota Cyclery provides shuttle service and bike rentals. Race events are held throughout the year.

### White Butte, Amidon —

The highest point in North Dakota, White Butte is destination for highpointers and a feat just about anyone can accomplish. The trail is a 1.3 mile out-and-back trail that takes you 334 feet to the summit of White Butte, 3,506 feet above sea level.