



Visit Greater **GRAND FORKS**

grand forks, nd | east grand forks, mn



Welcome to Greater Grand Forks!

Grand Forks, ND / East Grand Forks, MN

@andre.salvatore.photo

Whether it be power shopping at big box retailers or browsing through unique boutiques. Dining at a legendary steakhouse or nouveau Molly Yeh café. Enjoying a local music event Downtown or national concert tour at Alerus Center. Strolling through an awesome art gallery or on a scenic Greenway trail. Oaring up to kayak the Red or sticking around to experience University of North Dakota Hockey at the Ralph. Greater Grand Forks is a vibrant, thriving community surrounded by rich, beautiful farm country. It's a place that feels warm even in winter...where you'll find plenty to see and do, in addition to meeting some of the coolest people around. We invite you to come see firsthand why two Forks equals twice the fun!

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QR CODES // You will find these QR codes throughout the Visitor Guide for quick access to our web pages. To use them grab your phone or tablet, open the camera, point the camera at the QR code and tap the banner that appears. // Please note; even though several people worked diligently putting this guide together, sometimes a business gets missed. That's why we encourage everyone to check out www.visitgrandforks.com for a complete listing of all our great places to stay, play, shop, dine and unwind!

SIMPLY THE FACTS //

Population

Grand Forks Metro Area // 102,414
Grand Forks // 59,166
East Grand Forks // 9,176
Grand Forks Air Force Base // 2,685
UND Enrollment // 15,019

Climate

Average High Temperatures

Spring (March-May) // 51.0°F
Summer (June-August) // 79.9°F
Autumn (September-November) // 54.0°F
Winter (December-February) // 17.2°F



ON THE FRONT COVER:

Town Square Farmer's Market

in downtown grand forks



Our Town Square Farmer's Market will fill Downtown Forks with lots of grand vendors, every Saturday, mid-June through September. Some of the savory and sweet treasures and treats you'll discover include just-picked veggies and flowers, locally produced eggs and honey, homemade salsa and jam, handmade soaps and jewelry, plus the best fresh baked goods around! Patrons can also enjoy live music and an array of food truck fare. All the fun runs from 9 AM to 1 PM.





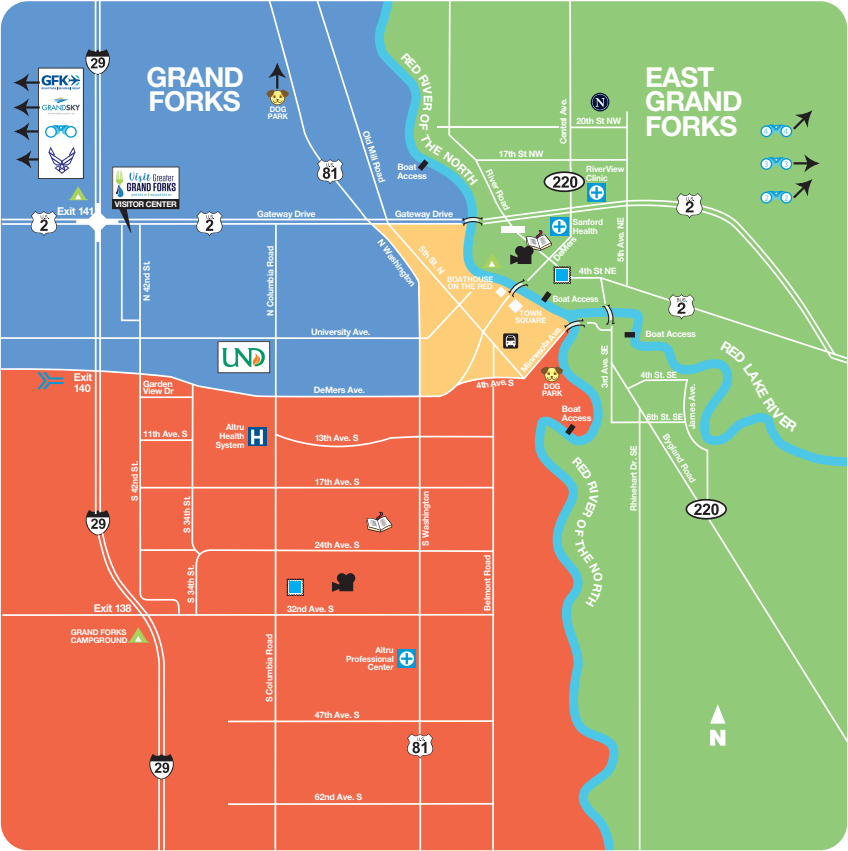
SAY HELLO TO OUR NEIGHBORHOODS



- **DOWNTOWN //** With everything from entertainment venues like the Empire Arts Center and Fire Hall Theatre to Hugo's Pure Market, Widman's Candy store and shops galore, this area attracts numerous locals and visitors. There are also several restaurants, bars and brewpubs dotting DeMers Avenue, 3rd Street and our beautiful Greenway Trail System.
- **EASTSIDE //** Walk across Sorlie Bridge into East Grand Forks and experience that friendly small town vibe at its finest. There you will discover a boardwalk, situated near the Red River, lined with popular homegrown eateries like Blue Moose and Bernie's. Across the street is Cabela's World's Foremost Outfitter, as well as Riverwalk Centre, which features a luxury movie theater and variety of local businesses.
- **NORTHSIDE/UND //** While here, cheer on our championship University of North Dakota Men's Hockey team at the magnificent Ralph Engelstad Arena. Browse through all the great works at the North Dakota Museum of Art. Then cap it off with a famously delicious Grinder sub at The Red Pepper.
- **SOUTHSIDE //** Perhaps best known as the part of town where many big box stores, franchise restaurants and the Grand Forks Marketplace reside, it has become a hot spot for locally owned boutiques and bistros, as well. This area also offers great places to tee it up, such as King's Walk Golf Course and wind down afterward, perhaps with a glass of vino at HELIX, our city's finest wine bar.



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NEIGHBORHOODS //
Throughout this publication you will find each section categorized by neighborhood. Please use this as a guide when deciding which area of Forks to explore.

- DOWNTOWN
- EASTSIDE
- NORTHSIDE/UND
- SOUTHSIDE



DINING // Eat, drink and gather merrily. Dine at one of our diverse eateries, including some with gourmet fare and five-star ambience. Enjoy everything from global cuisine and seasonal menus to Midwest comfort food and dishes inspired by local ingredients.

 **HELIX** / *Southside*



DINING // Scan here to find most up-to-date listing of dining options.

DOWNTOWN DINING



Harry's Steakhouse / 421 DeMers Ave., GF, 701-757-2333

Voted one of Open Table's most romantic restaurants in the nation, this Downtown mainstay is legendary for its stellar service, creative cocktails and classic cuisine. In addition to a prime selection of fine bovine, top-grade chefs here prepare an array of amazing appetizers, superb side dishes, decadent desserts and succulent seafood including the best crab cakes and lobster dip this side of New England.

Rhombus Guys Pizza / 312 Kittson Ave., GF, 701-787-7317

Dreaming about pizza with pizzazz? Rhombus Guys can make all your foodie fantasies come true. This funky three-level restaurant, with rooftop seating overlooking Downtown, specializes in gourmet pies dubbed Best Pizza in the State by Business Insider. Toppings range from the usual suspects (pepperoni, sausage and peppers) to the more avant-garde (pork loin, shrimp and pickles).



Ely's Ivy / 22 S 3rd St., GF, 701-739-0243

If you're on the hunt for something uniquely delicious, this eatery serves up the dishes. Walk on the wild side with unique, always evolving menu items such as jack fruit pulled pork, bison strip loin and one scr'hump'tious camel burger. Ely's also serves up tasty tamer fare like honey pan fried walleye, chicken picatta and ancho rubbed filet mignon. Saturday Brunch offerings include made-from-scratch eggs Benedict and caramel maple pecan French toast.

The Toasted Frog / 124 N 3rd St., GF, 701-772-3764

This 21+ trendy yet inviting restaurant and lounge boasts an extensive martini list to accompany fabulous gourmet food. Our area's hottest chefs offer up cool culinary creations like mahi-mahi tacos, Thai chili pork tenderloin and a game-changing elk burger adorned with fresh arugula, tomato and caramelized onion aioli. Of course, the Cooking Channel featured fried cheesy pickles are a must-order. When it comes to dessert, there's always room for s'mores...with an espresso martini chaser.



Bonzer's Sandwich Pub /

420 DeMers Ave., GF, 701-775-0365

Brick & Barley /

9 N 3rd St., GF, 701-757-4012

Half Brothers Brewing Company /

17 N 3rd St., GF, 701-757-0805

The Hub Pub /

205 N 3rd St., GF, 701-746-7443

Insomnia Cookies /

416 Demers Ave., GF, 701-515-4511

Joe Black's /

118 N 3rd St., GF, 701-775-2017

Kaizen /

108 N 3rd St., GF, 701-772-0515

King Poke /

307 Demers Ave., GF, 701-757-1588

The Loft /

308 DeMers Ave., GF, 701-757-2020

Skies 322 /

322 DeMers Ave., GF, 701-746-8970

Sledster's Food & Brew /

21 S 4th St., GF, 701-775-0050

Sweetwaters Coffee & Tea - The Olive Ann Hotel /

322 Demers Ave., GF, 701-402-3181

The TapRoom /

13 N 3rd St., GF, 701-757-2337

Tea & Crepe Café /

311 DeMers Ave., GF, 701-757-1040

Urban Stampede /

324 Kittson Ave., GF, 701-746-9531

EASTSIDE DINING



Bernie's / 121 DeMers Ave, EGF, 218-230-2960

Good golly, Miss Molly (Yeh) and her husband Nick have opened one grand Eastside eatery! Named after her adorable daughter, Bernie, this Food Network star's first restaurant endeavor was an instant hit. The menu features a variety of classic Midwestern fare sprinkled with Molly's unique heritage and culinary creativity. Patrons can enjoy an array of hearty hotdishes plus fresh baked pastries, cookies, bars and breads, which are also used to make some stellar sandwiches.

The Blue Moose Bar & Grill / 507 2nd St. NW, EGF, 218-773-6516

Surrounded by knotty pine and neon, this cozy meets eclectic eatery has a vibe perfect for all occasions. Along with The Moose's signature Bourbon Street pasta, fusion Reuben and PBEB (peanut butter, fried egg and bacon) burger, other popular menu items include the fried walleye sandwich, chicken Meisner and gorgonzola ribeye. They also have a large tapas menu with an assortment of tasty small plates including spinach queso, stuffed mushrooms and sriracha ranch boneless wings.



Casa Mexico / 112 14th St. NE, EGF, 218-773-4331

Mi casa es su casa...that's the motto at this locally owned restaurante! Friendly servers make everyone feel at home, while bringing unlimited amounts of homemade chips and salsa. When it comes to choosing from all the amazing entrees, must-tries include the sizzling steak fajitas, creamy seafood enchiladas and popular pollo campestre: grilled chicken breast topped with roasted corn, red peppers, cilantro and spicylicious queso.

The Spud Jr. / 302 DeMers Ave., EGF, 218-399-0121

Thanks to The Spud Jr., everyone can enjoy our famously flavorful Red River Valley potatoes. But that's not all, they also serve up a variety of popular eats and drinks dedicated to dearly beloved local establishments such as the Antique and Whitey's. Whether you prefer your cheddar combined with mac and adorning a juicy burger, gently pressed between two slices of fresh bread or shredded atop a decadent brunch poutine, The Spud's culinary creations always leave patrons exclaiming: "Cheese, that's good!"



Bully Brew Coffee /

321 DeMers Ave., EGF, 218-399-0187

Caribou Coffee /

Hugo's: 306 14th St. NE, EGF, 218-773-2418

Cherry Berry /

1010 Central Ave. NE, EGF, 218-779-1338

Dairy Queen /

1412 Central Ave. NE, EGF, 218-773-7602

Domino's Pizza /

130 Gateway Dr. NE, EGF, 218-773-2121

Luigi's Pizza /

122 4th St. NE, EGF, 218-773-3036

McDonald's /

Hwy. 2 and 220 N, EGF, 218-773-3922

Mike's Pizza & Pub /

411 2nd St. NW, EGF, 218-773-2479

The Shire Bar & Grill /

211 DeMers Ave., EGF, 218-399-0230

Subway /

210 Gateway Dr. NE, EGF, 218-773-6637

Up North Pizza Pub /

314 4th St. NW, EGF, 218-399-0200

Wired Bean Coffee House /

210 Gateway Dr. NE, EGF, 218-693-2070

NORTHSIDE/UND DINING



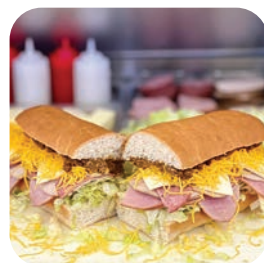
Darcy's Café / 1015 N Washington St., GF, 701-775-4050

Open for breakfast and lunch, this quaint downhome diner dishes up plates filled with hearty homestyle goodness that draw in regulars from miles around. In fact, their pumpkin and cinnamon roll pancakes helped garner Darcy's the Best Pancake House in North Dakota award. Along with flapjacks you'll flip over, cooks here also know how to sling some tasty savory hash including stuffed omelets, melt sandwiches, sloppy joes and turkey with all the trimmings.

The Red Pepper / 1011 University Ave., GF, 701-775-9671

/ 415 N 42nd St., GF, 701-772-8226

Word has it if you're looking for the best Grinder ever, head to The Red Pepper! What's a Grinder you ask? Take a sub bun, add salami, turkey or ham, Swiss cheese, lettuce, hot sauce, taco meat and then top it all off with a secret recipe creamy white sauce. These flavor bombs are so popular, they were even dubbed Best Late Night Food in the USA by Esquire magazine.



Speedway 805 Grill & Bar / 805 42nd St. N, GF, 701-772-8548

I feel the need...the need for Speedway 805 Grill & Bar! That's what patrons say when craving their stick-to-your-ribs, pocketbook-friendly food. Along with all the hearty red meat creations, Speedway is famous for smokin' up the best barbecue in town. Other menu favorites include the jumbo fried shrimp, smothered chicken and a decadent jalapeno popper burger topped with their zesty meets sweet Speedway Sauce. For those who enjoy adult beverages, the fishbowl cocktails here pack one flavorful punch.



North Dakota Museum of Art Café / 261 Centennial Dr., GF, 701-777-4195

The epicurean works created by talented chefs at NDMOA Café are some of the most stunningly delicious global dishes to be found anywhere. Located in the museum's lower level, lunch is served weekdays from 11 AM to 2 PM. The menu changes frequently and includes signature sandwiches, daily soups and a variety of fresh salads. They also offer Happy Hour specials from 3 to 5 PM.



Casey's /

1300 Ralph Engelstad Arena Dr., GF,
701-738-8383

Cookie's Lounge /

1730 13th Ave. N, GF, 701-757-0138

Dairy Queen /

1209 N 5th St., GF, 701-772-3801

Closed during winter

DogMahal DogHaus /

305 N Washington St., GF, 701-757-4000

Fat Alberts Subs /

2215 Gateway Dr., GF, 701-746-4771

Deek's Pizza /

512 N Washington St., GF, 701-772-3335

Great American Grill /

Hilton Garden Inn:

4301 James Ray Dr., GF, 701-775-6000

Hardee's /

1213 47th St. N, GF, 701-775-8505

Jimmy John's /

2855 10th Ave. N, GF, 701-775-5400

NORTHSIDE/UND DINING

The Kegs Drive-In /

901 N 5th St., GF, 701-787-5347

Open summer only

Melissa's Mobile Cocina /

1730 N Washington St., GF, 701-317-3268

Las Delicias De La Abuela /

601 University Ave., GF, 701-757-0167

Little Caesar's Pizza /

1801 Gateway Dr., GF, 701-772-1784

McDonald's /

Hwy. 2 and I-29 Junction, GF, 701-746-7980

Northside Café /

2950 10th Ave. N, GF, 701-738-8500

Papa Murphy's Pizza /

2750 Gateway Dr., GF, 701-780-0900

Popolino's Pizza /

2600 DeMers Ave., GF, 701-746-7677

Red River Grill & Market /

Grand Forks International Airport,
701-738-4630

Roadhouse Café /

4720 Gateway Dr., GF, 701-772-1273

Safari Restaurant /

1305 Stanford Rd., GF, 701-757-4056

SlapShot Pizza /

2215 Gateway Dr., GF, 701-746-4771

Subway /

1801 Gateway Dr., GF, 701-772-6357

Taco John's /

2522 Gateway Dr., GF, 701-772-5712

SOUTHSIDE DINING

Eagles Crest Grill / King's Walk Golf Course:

5301 S Columbia Rd., GF, 701-787-3491

Overlooking the scenic King's Walk Golf Course, Eagles Crest is not your ordinary clubhouse restaurant. This inviting eatery is perfect for a quiet romantic dinner or celebratory gathering with all your friends. In addition to numerous appetizer selections, the extensive menu features everything from steak, seafood and pasta to sandwiches, burgers and wraps. If you feel like getting a little saucy, dive into an order of slow roasted pork ribs bathed in their signature barbecue glaze. They are also known for serving up the grandest Sunday Brunch buffet in Forks.



HELIX / 4491 S Washington St., GF, 701-757-1444

Fabulous food and fine wine intertwine at HELIX. It's the perfect place to chat with friends over charcuterie and a glass of chardonnay or spend a romantic date with your mate canoodling over pasta and pinot grigio. HELIX's contemporary yet cozy ambiance attracts 21+ patrons of all persuasions. Some of the exceptional entrees include shrimp & scallop bucatini, mango peanut pork belly and pan roasted New York strip topped with a velvety housemade steak sauce. When it comes to dessert, be prepared to go nuts over the luscious banana bread pudding adorned with salted caramel and pecans.

House of Punjab / 3000 32nd Ave. S, GF, 701-757-0766

Experience a taste of New Delhi right here in good old Grand Forks! Just some of their authentically delicious Indian dishes include veggie samosas (fried dough pockets stuffed with seasoned potatoes and peas), paneer naan (fresh baked bread filled with cottage cheese and cilantro) and tikka masala (roasted marinated chicken in a spiced curry sauce with bell peppers and onions). A sweet way to finish your meal is with one of India's most popular desserts, gulab jamun (homemade cake balls dunked in rose flavored sugar syrup).



SOUTHSIDE DINING



The Parrot's Cay Tavern & Grill / 1149 36th Ave. S, GF, 701-795-4053

When you wanna experience a little tropical heat, just head south on Washington Street...to The Parrot's Cay! Really feel the burn with an order of spicy Shark Wings, which were included on BuzzFeed's Top Ten Wings to Try Before You Die list. Nothing goes better with some Jimmy Buffet music than a pitcher of cold beer and The Cay's Bayou Sampler complete with crawdads, grilled shrimp and fried alligator bites.

Aalto's /

Canad Inns: 1000 S 42nd St., GF, 701-792-1957

Applebee's Neighborhood Bar & Grill /

2851 S Columbia Rd., GF, 701-795-5688

Arby's /

3851 32nd Ave. S, GF, 701-772-2056

Boss' Pizza & Chicken /

951 42nd St. S, GF, 701-757-2677

Board Room /

4571 S Washington St., GF, 701-757-2075

Buffalo Wild Wings /

2717 S Columbia Rd., GF, 701-775-9464

Bully Brew Coffee /

2100 S Columbia Rd., GF, 701-772-1995

4571 S Washington St., GF, 701-757-2075

Burger King /

1416 S Washington St., GF, 701-772-3025

3151 32nd Ave. S, GF, 701-787-2435

Burger Time /

2651 DeMers Ave., GF, 701-775-2776

Caribou Coffee /

2400 S Washington St., GF, 701-775-3668

Hugo's: 1750 32nd Ave. S, GF, 701-746-0688

1225 S Columbia Rd., GF, 701-746-9585

3131 32nd Ave. S, GF, 701-792-7100

Charras & Tequila /

3915 32nd Ave. S., GF, 701-757-3333

Chicago Burritos /

3221 32nd Ave. S, GF, 701-757-3555

Chick-fil-A /

3230 32nd Ave. S, GF, 701-746-9942

China Garden /

2550 32nd Ave. S, GF, 701-772-0660

Cold Stone Creamery /

3551 32nd Ave. S, GF, 701-738-2350

CRISP & GREEN /

2712 S Columbia Rd., GF, 701-757-1004

Culver's /

3451 32nd Ave. S, GF, 701-772-9199

Dairy Queen /

3600 S Columbia Rd., GF, 701-738-8530

Dairy Queen/Orange Julius /

1205 S Washington St., GF, 701-775-5422

Domino's Pizza /

2705 S Washington St., GF, 701-746-6437

801 S 42nd St., GF, 701-314-2881

El Gordito /

3000 32nd Ave. S, GF, 701-757-0214

Fuji Japanese Steakhouse & Seafood /

715 S Washington St., GF, 701-757-3855

Five Guys Burgers & Fries /

3321 32nd Ave. S, GF, 701-757-1101

Ginna's Café /

Scheels:

2800 S Columbia Rd., GF, 701-780-9424

Gramma Butterwick's Family Restaurant /

1421 S Washington St., GF, 701-772-4764

Ground Round Grill & Bar /

2800 32nd Ave. S, GF, 701-775-4646

Happy Joe's Pizza & Ice Cream Parlor /

2909 S Washington St., GF, 701-772-6655

IHOP /

3951 32nd Ave. S, GF, 701-775-7001

Italian Moon Pizza & Mexican Food /

810 S Washington St., GF, 701-772-7277

Jersey Mike's Subs /

1970 S Columbia Rd., GF, 701-732-3200

Jimmy John's /

3551 32nd Ave. S, GF, 701-772-6700

1403 S Washington St., GF, 701-757-1281

JL Beers /

2531 S Columbia Rd., GF, 701-738-1000

Kentucky Fried Chicken /

706 S Washington St., GF, 701-772-3447

King Pho /

1206 S Washington St, GF, 701-757-0141

Little Bangkok /

4088 S Washington St., GF, 218-399-1122

SOUTHSIDE DINING

Marco's Pizza /

3901 S Washington St., GF, 701-772-4000

McDonald's /

2910 32nd Ave. S, GF, 701-772-2410

1125 S Washington St., GF, 701-772-0231

3900 S Washington St., GF, 701-757-0205

Mexican Village /

1218 S Washington St., GF, 701-775-3653

Mt. Everest 8,848 /

2915 S Washington St, GF, 701-740-2225

Nautical Bowls /

3251 32nd Ave. S, GF, 701-757-0181

Noodles & Company /

3000 32nd Ave. S, GF, 701-757-1720

The Office Pub & Grub /

1210 S Washington St., GF, 701-757-1091

Olive Garden /

3160 32nd Ave. S, GF, 701-746-2038

Panda Buffet /

2451 S Columbia Rd., GF, 701-780-8800

Panera /

2515 32nd Ave. S, GF, 701-772-1571

Papa John's Pizza /

1515 S Washington St., GF, 701-775-7272

Papa Murphy's Pizza /

2475 32nd Ave. S, GF, 701-738-0370

Paradiso Mexican Restaurant /

905 S Washington St., GF, 701-772-3000

Perkins Family Restaurant /

1305 S Columbia Rd., GF, 701-746-0493

Pete's Za /

2400 S Washington St., GF, 701-757-0896

Pizza Hut /

1418 S Washington St., GF, 701-772-6000

Delivery/carry out only

Pizza Ranch /

3750 32nd Ave. S, GF, 701-775-2222

Playmaker's All-American Lounge /

Canad Inns:

1000 42nd St. S, GF, 701-792-1955

Qdoba Mexican Grill /

3551 32nd Ave. S, GF, 701-738-8222

Red Lobster /

2675 32nd Ave. S, GF, 701-772-8770

The Red Pepper /

4401 S Washington St., GF, 701-757-0235

Rumors Bar & Grill /

1720 S Washington St., GF 701-772-0125

Sakura Japanese Steakhouse /

3250 32nd Ave. S, GF, 701-757-3888

Scooter's Coffee /

1111 S Washington St., GF, 701-757-0505

Seoul Kitchen /

Grand Cities Mall:

1726 S. Washington St, GF, 701-757-0679

Sin Bin /

4401 S Washington St., GF, 701-757-0658

Smiling Moose Rocky Mountain Deli and Burger Sear /

623 S Washington St., GF, 701-757-3354

Sonic Drive-In /

1800 S Washington St., GF, 701-757-3278

Southgate Bar & Grill /

2525 S Washington St., GF, 701-775-7941

Starbucks /

Super Target: 32nd Ave. S, GF, 701-787-6177

3551 32nd Ave. S, GF, 701-772-4292

623 S Washington St., GF, 701-775-7996

1419 S Columbia Rd., GF, 218-230-6149

47th Ave. S & S Washington St., GF, *Opening in 2025*

Subway /

2400 S Washington St., GF, 701-772-9334

1850 S Columbia Rd., GF, 701-772-3526

1217 S Washington St., GF, 701-772-9334

4401 32nd Ave. S, GF, 701-738-0071

Sweetwaters Coffee & Tea - Edgewood /

1850 47th Ave. S, GF, 701-402-3180

Taco Bell /

1301 S Washington St., GF, 701-772-6196

Tavern United /

Canad Inns:

1000 42nd St. S, GF, 701-792-1958

Texas Roadhouse /

3200 32nd Ave. S, GF, 701-746-7427

Tropical Smoothie Cafe /

4010 S Washington St., GF, 701-757-3212

Varsity Ice House /

1405 Demers Ave., GF, 701-757-0494

Wendy's /

1503 S Washington St., GF, 701-772-6536

3760 32nd Ave. S, GF, 701-738-8187

West African Cuisine /

Columbia Mall:

2800 S Columbia Rd. GF, 701-213-8699

UNIQUELY Forks



1 Chippers - Widman's Candy /

What happens when you take a rippled potato chip and hand-dip it in creamy homemade chocolate? Known around the world as Chippers, these slightly salty and perfectly sweet treats are Widman's claim to candy fame.

2 Three Farm Daughters Pasta - Hugo's /

When it comes to finding the best pasta around, use your noodle and pick up some Three Farm Daughters rotini, penne, elbow or cavatappi! Born and raised in Grand Forks, these three sisters – Annie, Mollie and Grace – are turning out quality products made with only two ingredients: wheat flour and durum wheat semolina sourced from regionally grown crops. It is also higher in protein, fiber and flavor.

3 "Home Is Where the Eggs Are" - Bernie's /

Popular blogger, author and chef turned Food Network host, Molly Yeh has really put her stamp on the culinary map while simultaneously shining a spotlight on Grand Forks/East Grand Forks, where she and her family currently reside. Pick up Molly's latest cookbook at her popular Eastside eatery, then get ready to prepare delectable dishes at home just like she does on "Girl Meets Farm".

4 Grinder Kits - Red Pepper /

Topped with their secret recipe red and white sauces, the sandwiches at this legendary restaurant are so addictively delicious, owners just had to figure out a way to help loyal patrons all over the country get their Grinder fix.

5 Bully Brew Coffee /

Not only does this popular coffeehouse brew up lots of tasty drinks, they take pride in being Forks' official coffee roaster. Be sure to bag some of these cool beans before heading out.

6 Speedway Sauce - Speedway 805 Grill and Bar /

This zesty-meets-sweet, delectable culinary concoction jazzes up everything you dip it in or put it on.

7 "Apricot Almond" Body Scrub - Billie's Soap or Midtown Marketplace /

Don't let the name fool you, Billie's sells so much more than just the best bar of soap in Forks. In fact, one of their most popular items is the Apricot Almond Body Scrub. Made with locally produced American Crystal Sugar, it's sure to leave your skin looking and feeling grand.

8 Half Brothers Brewing Company Classic Golden Ale, Pickle Rickle & Pink Fluffy Unicorns Dancing on Rainbows - Happy Harry's /

While Forks produces lots of grand beers, Half Brothers' Classic Golden Ale is a brew above the rest. A can of this light-bodied, refreshing concoction is best consumed cold with friends. For those who prefer fruited sours, Pink Fluffy Unicorns is sheer beer perfection. Expert brewmasters use lemonade, blueberries and a small amount of lactose to make one deliciously drinkable sweet treat. Like your beer with a slightly sour but tremendously tasty twist? Then be sure to pick up a six-pack or two of Pickle Rickle before the throngs of enthusiasts snatch 'em all up!

HOT DRINKS
COLD BREW 2.75 to 3.00 to 3.25
ICED LATTE 3.25ICED DRINKS
COLD BREW 5.00
ICED LATTE 5.00

BITES

TOAST... 3.00 BAGELS... 4.00
Toppings:
butter, cinnamon sugar, salt & pepper... free
butter, cinnamon sugar, salt & pepper... 0.50

WINE, SPIRITS & BREWS //

All's well that ends well with ale, wine, plus a vodka chaser courtesy of two area brewpubs, two distilleries and one winery. Both Half Brothers Brewing Company and The TapRoom serve up superb suds and fabulous food out of trendy, laidback Downtown spaces. Grape Mill is a family-owned vineyard and winery preparing and pouring glassfuls of fine wine. Take a MiNny road trip to Hallock and sample some mighty good vodka infused cocktails at Far North Spirits. Who says you can't make vodka out of sugar beets? At Red Pine Distillery, located on Grand Forks' Northside, they do just that...rum, too! Drop by any of these places to sample for yourself and perhaps even take the grand tour. When it comes to one awesome place that carries it all, locals will tell you a visit to the "big red barn" (also known as Happy Harry's) is a must. If caffeine is your drug of choice, we gotcha covered there, too! With several coffeehouses scattered about, our Forks are percolating up some tasty brews. A few local favorites include Bully Brew, The Ember, Scooter's, Sweetwaters, Urban Stampede and Wired Bean. Keep your eyes peeled (or follow them on Facebook) for the cute white Happy Camper Coffee vehicle around town, serving up a large selection of hot and cold coffee drinks.



Urban Stampede Coffeehouse / The Urban is a former fur bank turned saloon with tons of character. Check out the historic safe, tin ceiling, dark wood bar and intricate stone floor. Sip on freshly brewed coffee or tea while you peruse the World's Smallest Art Gallery and gift shop. Friendly baristas are always willing to whip up your favorite specialty drink or plate up a freshly baked bagel, muffin or scone. During summer months, take it outside to café tables situated in the heart of Downtown.



Bully Brew Coffee / This Grand Forks original is the only place in town that actually roasts their own beans. Ranging from light to dark, top blends include Uff Da, Cowboy and Mocha Java. Enjoy a cup at any of three Greater Grand Forks locations or since they will bag it to-go, y'all can brew a pot at home anytime. Make sure to also try one of the scrumptious caramel rolls made in-house daily.



Board Room / Formerly known as The Other Half Coffee & Tap House, this popular spot to sip, dine and recline has made a few tweaks to the décor that make it even cozier than before. The Board Room continues to offer a variety of food and beverages for all ages and tastes. 21+ patrons can partake in wine, beer and mimosa flights which will lift you up, while everyone can enjoy the coffee and hot chocolate ones that bring you back down for a safe landing. They also have the biggest and best charcuterie boards in town.



 Board Room / Southside



Grape Mill Winery and Vineyard / This Eastside vineyard, winery and tasting room offers you the chance to sample all the Halverson Family's great grape creations, with an option to purchase your favorites afterward. Tours are available by appointment. Please call for their seasonal schedule, which may also include live music and food truck fare.



The TapRoom / Welcome to Downtown's only self-pour tap wall! This 21+ establishment features an array of local, regional and national beers, ciders, seltzers and wine. TapRoom allows patrons to sip and savor a little bit of everything before deciding on their drink of choice. Complimentary snacks are available, with food service coming soon.



Half Brothers Brewing Company / At Half Brothers, producing superior suds and fabulous food is a family affair. Together, siblings Chad and Taylor have created a 10-barrel production brewery, taproom and eatery that specializes in locally inspired hand-crafted beers and food. A few noteworthy libations are the Lumberjack Snack Red Ale, Afternoon Squeeze IPA, Pickle Rickle and Morning Dreams Fruited Sour, which tastes remarkably like an adult orange creamsicle. When hunger pains come a-calling, answer by ordering up one of their fresh baked Mom's Pizzas.

NIGHTLIFE

// When the lights go down in our cities, you will find an abundance of local haunts serving up good times in various venues and vessels. Are y'all a fan of country music, cold beer and games of chance? Perhaps a connoisseur of cool jazz, cabernet sauvignon and stimulating conversation? Or maybe you just want to hit the dance floor and rock out to some hot live tunes? No matter, our awesome spots to relax, jive and imbibe will provide plentiful places to raise your spirits.



Alcoholic Beverage State Regulations / A person in North Dakota or Minnesota must be at least 21 years of age to buy or consume alcoholic beverages. Identification is required.



The Spud Jr. / Eastside





SPORTS TAVERNS

Buffalo Wild Wings

2717 S Columbia Rd, GF, 701-775-9464

Cookie's Lounge

1730 13th Ave N, GF, 701-775-9464

Ground Round Grill & Bar

2800 32nd Ave S, GF, 701-775-4646

Joe Black's

118 N 3rd St, GF, 701-775-2017

The Loft

308 DeMers Ave, GF, 701-757-0162

Long Haul Saloon

4720 Gateway Dr, GF, 701-775-9240

The Office Pub & Grub

1210 S Washington St, GF, 701-757-1091

Playmaker's All-American Lounge

1000 S 42nd St, GF, 701-772-8404

Rumors Sports Bar & Grill

1826 S Washington St, GF, 701-772-5222

Sin Bin

4401 S Washington St., GF, 701-757-0658

Southgate Casino Bar & Grill

2525 S Washington St, GF, 701-775-7941

Speedway 805 Bar & Grill

805 42nd St N, GF, 701-772-85481

The TapRoom

13 N 3rd St, GF, 701-757-2337

Varsity Ice House

1405 Demers Ave, GF, 701-757-0494

POPULAR PUBS & CLUBS

American Legion Club

1009 Central Ave, EGF, 218-773-1129

506 Pub

Hugos: 500 DeMers Ave., GF

The Blue Moose Bar & Grill

507 2nd St NW, EGF, 218-773-6516

Bonzer's Sandwich Pub

420 DeMers Ave, GF, 701-775-0365

Brick & Barley

9 N 3rd St, GF, 701-757-4012

Dreamers Lounge

1205 N 43rd St, GF, 701-775-3951

Half Brothers Brewing Company

17 N 3rd St, GF, 701-757-0805

The Hub Pub

205 N 3rd St, GF, 701-746-7443

JL Beers

2531 S Columbia Rd, GF, 701-738-1000

Level 10

10 N 3rd St, GF, 701-772-3434

Mike's Pizza & Pub

411 2nd St NW, EGF, 218-773-2479

O'Really's Irish Pub

10 N 3rd St, GF, 701-746-9177

Parrot's Cay

1149 36th Ave S, GF, 701-795-4053

Sledster's

21 S 4th St, GF, 701-775-0050

The Spud Jr.

302 DeMers Ave, EGF, 218-399-0121

Tavern United

1000 S 42nd St, GF, 701-792-1958

Up North Pizza Pub

314 4th St NW, EGF, 218-399-0200

VFW Club

312 DeMers Ave, EGF, 218-773-2481

UPSCALE LOUNGES

Bernie's

121 DeMers Ave, EGF, 218-230-2960

Ely's Ivy

22 S 3rd St, GF, 701-757-0243

Harry's Steakhouse

421 DeMers Ave., GF, 701-757-2333

HELIX

4491 S Washington St, GF, 701-757-1444

North Dakota Museum of Art Cafe

261 Centennial Dr, GF, 701-777-4195

Skies 322

322 DeMers Ave, GF, 701-746-8970

The Toasted Frog

124 3rd St N, GF, 701-772-3764

DIVE BARS

Broken Drum

1503 N Washington St, GF, 701-772-9271

Bun Lounge

1708 State Mill Rd, GF, 701-772-4366

Charlie's Public House

414 Gateway Dr, GF, 701-757-4900

Denny's Tavern

1011 S Washington St, GF, 701-772-7644

Diamond Lounge

1607 DeMers Ave, GF, 701-772-8700

Johnny's Lounge

701 S 15th St, GF, 701-780-9107

Judy's Tavern

1221 N 20th St, GF, 701-772-9876

Kelly's Bar

309 N 3rd St, GF, 701-772-9605

McMenamy's Tavern

1602 State Mill Rd, GF, 701-772-9061



 Northern Roots Boutique / Southside



 Kings Walk Golf Course Pro Shop / Southside



 Mainstream Boutique / Southside

SHOPPING

// Whether it's bargain hunting at familiar retailers, strolling through one of the malls or perusing our galleries and specialty stores, say hello to good buys that are truly grand. Grand Forks is home to your favorite big box retailers including Super Target, Scheels, Lowe's, Hobby Lobby, Sephora, Kohls, TJ Maxx, HomeGoods and Ross. There are also several unique boutiques dotting the Southside shopping landscape such as Key Bliss, Mainstream and Northern Roots. While on the Eastside, be sure to check out Knick Knack Paddywhacks, Cabela's World's Foremost Outfitter and Riverwalk Centre, which is filled with a variety of hometown businesses including a full service 15-plex movie theater. Our up-and-coming Downtown District is home to several locally owned gems including The Silo Boutique, Badman Design, River City Jewelers, Pretty b. and Widman's Candy.

DOWNTOWN UNIQUE OR BOUTIQUE

Pretty b. /

615 1st Ave. N, GF, 701-757-0179

If you want to be pretty in pink (plenty of other colors, too) let the stellar staff at Pretty b. dress you up in grand style. Now open in a prime Downtown location, stop by today and peruse racks filled with five-star fashions for women of all ages.

Badman Design /

18 S 3rd St., GF, 701-746-7300

For those looking to find one of a kind wearable or displayable art, Bd is the place to go. Best known for his high-end jewelry, home décor and liturgical art, acclaimed local artist David Badman creates all his metal masterpieces in-studio.

Browning Arts & YOU ARE HERE GALLERY /

23 S 4th St., GF, 701-746-5090

Diamonds on Demers /

667 DeMers Ave., GF, 701-757-1140

Hugo's Pure Market /

500 DeMers Ave., GF, 701-757-1140

Klaudia & Co. | The Bridal Boutique /

10 S 3rd St., GF, 701-317-2046

RH Standard /

6 S 3rd St., GF, 701-757-4220

RH will assist both male and female clientele with personal styling consultation and tailoring. They also have exclusive rights to Antique logo wear, an iconic Eastside nightclub. Whether looking to purchase a glittery gown for the gala or stylish sweatshirt for casual Friday, RH can meet all your clothing needs.

River City Jewelers /

16 S 3rd St., GF, 701-746-9716

Jalen Nicole Floral /

402 DeMers Ave., GF

See Dick Run /

28 S 3rd St., GF, 701-775-1115

When it comes to topnotch running gear, Dick knows his sport! This one-of-a-kind specialty store provides shoes, clothing and other accessories to help both novices and marathoners finish strong and look great while doing so.

The Silo Boutique /

12 S 3rd St., GF, 701-740-8412

When it comes to getting all dressed up, make this trendy, chic Downtown boutique your first stop. Featuring a variety of fabulous fashions and accessories in an array of sizes and prices, Silo truly is a store for every woman. No matter your style, they have options ranging from timeless and classy to bold and sassy.

Waterfront Kitchen & Bath /

2 S 3rd St., GF, 701-775-5021

Widman's Candy Shop /

106 S 3rd St., GF, 701-775-3480

Since 1949, this family owned shop has been covering all sorts of tasty things in their delectable homemade chocolate: rippled potato chips (Chippers), toffee, marshmallows, caramel, blueberries, bacon, even jalapenos and pickles!

EASTSIDE UNIQUE OR BOUTIQUE

Bleu Goods Boutique /

223 DeMers Ave., EGF, 218-399-0206

This family-owned boutique offers up clothing and accessories that are an inimitable mix of boho meets country western. Bleu Goods is best known for their custom flannels, Northern Nice clothing/decor, graphic tees, custom hats, handmade leather bags and original jewelry.

Cabela's /

210 DeMers Ave., EGF, 218-773-0282

Along with being known as the World's Foremost Outfitter, this popular outdoor megastore features a 10,000-gallon aquarium filled with indigenous fish, large trout stream and numerous wild game mounts.

Hollywood Heroes /

402 DeMers Ave., EGF, 701-741-5373

Located in Riverwalk Centre right next to River Cinema, this cool shop specializes in old and new comics plus pop culture t-shirts, mugs and more.

Knick Knack PaddyWhacks Cards & Gifts /

211 DeMers Ave., EGF, 218-773-5616

Looking to find some distinctively grand treasures for gifting others or yourself? Knick Knack PaddyWhacks is your one stop shop for everything from cute clothing and crafts to cool coasters and stickers! They also offer a variety of merry and bright holiday décor.

Local Ace Hardware /

1017 Central Ave NW, EGF, 218-773-7933

Quilter's JEM /

1525 Central Ave. NW, EGF, 218-399-0159

For those who enjoy using a needle and thread as a means to create beautiful things, this quilt shop will set you up with a pattern for success. In addition to providing the latest fabric and notions, they also offer books and classes.

St. Michel Furniture /

421 Gateway Dr. NE, EGF, 218-230-2308

T'n'T Outfitters /

211 DeMers Ave. #2, EGF, 218-773-8683

NORTHSIDE/UND UNIQUE OR BOUTIQUE

DHI Sweet Street /

1730 13th Ave., GF, 701-335-4000

Grand Cities Games /

120 N Washington St. GF, 701-775-8602

Runnings /

1508 N Washington St., GF, 701-772-6611

Known for decades as Home of Economy, Runnings has expanded greatly but continues to provide customers with high quality, reasonably priced products and services – everything from furniture to food, bakeware to outerwear, tires to toys and much more.

Muddy Waters Clay Center /

2014 13th Ave. N, GF, 701-775-1168

This unique, nonprofit endeavor was formed to promote the creation, education and enjoyment of ceramic arts by providing a studio, classroom, firing space and gallery for both professional artists and artist wannabes.

North Dakota Museum of Art Gift Shop /

261 Centennial Dr., GF, 701-777-4195

Housed within the acclaimed North Dakota Museum of Art, this quaint shop features works from regional artists, handmade jewelry, children's items, kitchen goods and various whimsical pieces.

Ojata Records /

305 N Washington St. GF, 701-757-4002

Sioux Shop at Ralph Engelstad Arena /

1 Ralph Engelstad Arena Dr., GF, 701-777-6636

Situated inside the world-class Ralph Engelstad Arena, the Sioux Shop sells a variety of clothing, home/office décor and novelty items branded to University of North Dakota sports teams. Store profits are reinvested back into the athletics enterprise and help support the development of UND's sports programs and student-athletes.

University Book Store /

775 Hamline St., GF, 701-777-2746

SOUTHSIDE **UNIQUE OR BOUTIQUE**

All Seasons Garden Center /

5101 S Washington St., GF, 701-746-7777

Our cities' largest floral shop, All Seasons specializes in gorgeous arrangements and plants, as well as beautiful home décor and festive holiday decorations.

Amish Gallery /

4088 S Washington St., GF, 701-795-3600

Balloons by Misti /

701-490-2370

Billie's Soap and Spa Products /

1551 28th Ave. S Ste J, GF, 701-885-4380

Broken Sentry Games /

Columbia Mall:

2800 S Columbia Rd., GF, 701-757-0528

Budget Music /

714 S Washington St., GF, 701-775-5172

Discontent /

1429 S Washington St., GF, 701-775-5675

Forks Frame Up /

1901 Demers Ave., GF, 701-746-7248

Flippin' Happy Home Decor & More /

1224 S Washington St., GF, 612-581-2279

Gerrells Sports Center /

1004 S Washington St., GF, 701-775-0553

The Golf Center /

3700 S Washington St., GF, 701-757-1552

Key Bliss Boutique /

3000 32nd Ave. S, GF, 701-757-1797

L & M Meats, Inc /

2801 S Washington St., GF, 701-775-2009

La Rancherita Mexican Market /

1819 S Washington St., GF, 701-757-0163

The Lighting Gallery /

3622 S Washington St., GF, 701-772-2402

Light up your life and home with one stop at this premier lighting shop. Their extensive selection of first-rate fixtures, furniture, décor and much more is the best in the upper Midwest.

Luscious /

Columbia Mall:

2800 S Columbia Rd., GF, 701-331-2323

Mainstream Boutique /

2712 S Columbia Rd., GF, 701-757-2003

Mainstream Boutique features the latest fashions from a variety of top designers. Customers make shopping here a family event, as they carry a unique, multigenerational product assortment that appeals to stylish moms, daughters and grandmas all shopping together!

Market 180 /

2021 S Washington St., GF, 701-740-3559

Mattress 1928 /

3650 S Washington St, GF, 701-757-1928

Midtown Marketplace /

1900 S Washington St, GF, 307-752-3001

This collaborative, locally based small business market is the place to go for grand gifts galore! You'll discover a variety of everchanging vendors offering up distinctive décor, clothing, jewelry, delicious treats and so much more.

Nature's Country Store /

Grand Cities Mall:

1832 S Washington St., GF, 701-772-8086

Northern Roots Boutique /

2550 S Columbia Rd., GF, 701-757-4277

One of Southside's most popular shopping spots, this trendy yet affordable boutique offers some of the hottest fashions around ranging in sizes from petite to plus. They are also the official destination for the Liverpool brand.

The Olive Barrel /

2100 S Columbia Rd., GF, 701-757-1617

Along with selling the finest in organic, conventional and fused whole fruit citrus olive oils, The Olive Barrel offers premium balsamic vinegars, pasta sauces, flavored salts and much more. They also carry several Pride of Dakota products.

Plain & Fancy Antique Mall /

1726 S Washington St., GF, 701-775-0714

Play it Again Sports /

1826 S Washington St., GF, 701-795-1424

PLUTOS /

1440 S Washington St., GF, 701-757-1067

The future has landed at the region's largest new smoke shop! Pluto's is already known as the go-to destination for all things tobacco and accessories. Owners also celebrate the art of glassblowing, with special live demonstrations and talks from industry experts.

Revolutions Power Sports & Marine /

4225 36th Ave. S, GF, 701-746-4997

SOUTHSIDE UNIQUE OR BOUTIQUE

Scan Design /

1803 S Washington St., GF, 701-757-2444

Scheels /

2800 S Columbia Rd., GF, 701-780-9424

Unlike a typical department store, Scheels is a collection of entertainment and food venues, in addition to offering premier sports equipment and brand name casual wear for the whole family. Special attractions include a five-sports simulator, nostalgic shooting gallery, bowling lane and Ginna's Café, which serves up tasty sandwiches, soups, baked goods and several varieties of fudge.

The Ski and Bike Shop /

3610 S Washington St., GF, 701-772-5567

Signature Jewelers /

4491 S Washington St., GF, 701-757-4848

Silver Dawn Books /

1726 S Washington., GF, 701-738-8025

Silver Dawn not only sells all the NY Times Bestsellers but those classic used books that are hard to find. Shoppers will also discover a large selection of great reads for kids and cool gift items for yourself or others.

Sterling Carpet One Floor & Home /

2030 32nd Ave. S, GF, 701-203-3898

Tim Shea's Nursery & Landscaping /

3515 S Washington St, GF, 701-772-3489

Treat Play Love /

1905 S Washington St., GF, 701-772-0556

Treat Play Love is a pet supply store that carries everything your furry friend could need including food, treats, toys, beds, dishes, leashes, collars, harnesses and more.

Victorian Rose Antiques /

1903 S Washington St., GF, 701-740-9295



SHOPPING // Scan here
to find the full list of
shopping locations.

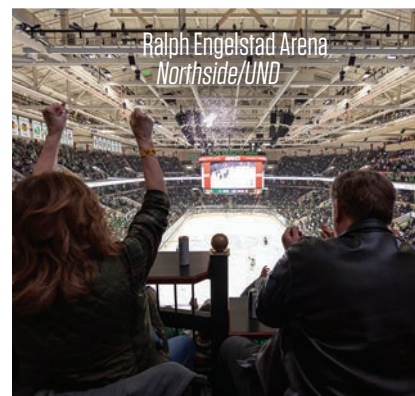


ON THE BACK COVER:

PlayIt Multi-Sport Complex

in grand forks

At PlayIt Multi-Sport Complex, it doesn't matter the age or athletic ability level, the whole gang will surely love this 35,000 square-foot fun-for-all facility! Just some of the awesome activity options they now offer include pickleball, basketball, billiards, batting cages, golf simulators, foosball, air hockey and more. Be sure to check their website for special cosmic pickleball and roller-skating events.





THINGS TO DO

// Play at your pace with miles of trails and waterways. Lace up to run, ski, inline skate and bike as part of fun or competitive events. Area parks offer picnic and play areas, sledding hills, ice rinks and other seasonal flavors. When skies are gray, enjoy all of Forks' great indoor recreational spaces.



 Greenway Snow Day @ Lincoln Drive Park / Southside



THINGS TO DO // Scan here to find the full list of things to do.





// **Grand Rides** is a bike sharing program, for use in the Greater Grand Forks Area, provided by the Downtown Development Association and the support of their community partners. The program is simple to use through a smartphone application, which can be downloaded from all major app stores. Rides may be purchased one at a time or through additional long-term options.

> downtownforks.com/grandrides

EVERYTHING UNDER THE SUN

// Around here, every day is a walk in the park. Lincoln Drive, University and Riverside offer paths lined with beautiful flowers, foliage and trees, while Sertoma boasts a picturesque Japanese Garden and great birdwatching opportunities. Strap on the inline skates or just use plain old sneakers to make your way through the 2,200-acre scenic Greenway Trail System. In colder months, we find ice skates, skis and snowshoes work best. Flowing waters or frozen solid, our two rivers provide opportunities for some of the best fishing, boating and snowmobiling around. Oar up with one stop at Boathouse on the Red! Open during summer months, this little blue shack gives you access to canoes, kayaks and SUPs.





DOWNTOWN PARKS

Boathouse on the Red

Riverboat Rd. & DeMers Ave., GF
(north of Sorlie Bridge)

Kannowski Park & Rydell Skatepark

701 S 4th St., GF

Memorial Park / Flood Obelisk

DeMers Ave. & N 3rd St., GF
(east of Town Square)

Town Square

DeMers Ave. & N 3rd St., GF

EASTSIDE PARKS

O'Leary Park

711 3rd St. SE, EGF

Red River State Recreation Area

515 2nd St. NW, EGF

River Heights Park

River Rd. & 12th St. NW, EGF

Sherlock Park, Playground & Pool

4th St. NW & 5th Ave. NW, EGF

Zavoral Park

3rd Ave. SE & 1st St. SE, EGF

NORTHSIDE PARKS

Richards West Park

4700 6th Ave. N, GF

Riverside Park & Pool

1811 N 1st St., GF

University Park

320 N 25th St., GF

SOUTHSIDE PARKS

Ben Franklin Park

211 Westward Dr., GF

Elks Park & Pool

1002 13th Ave. S, GF

Independence Park

1000 5th Ave. S, GF

Lincoln Drive Park & Lincoln Dog Park

120 Euclid Ave., GF

Optimist Park

4600 Cherry St., GF

Ryan Park & Ryan Lake

2001 47th Ave. S, GF

Sertoma Park / Japanese Garden

3300 11th Ave. S, GF

Veterans Memorial Park

2357 S 34th St., GF

PLAY ON //

Family and friends who play together stay together. In our two Forks, we invite everyone to come have one grand time. Jump for joy on a jumbo trampoline at Northern Air Action Park or swing away in Sherlock Forest Playground. Hit the bullseye at Downtown Axe or get bowled over with a game at Red Ray Lanes. Serve up an ace on PlayIT's pickleball court or give the Scheels multi-sports simulator your best shot. Attempt to pull off a big heist at the Grand Forks Escape Room or catch a flick while relaxing in a comfy heated recliner at River Cinema. Take a slide and dip into Splasher's Water Park or cool off and get all wet at Elks Pool Spray Park. People of all ages will surely fall in love with autumn around these parts and oh my gourd, are there bushels of fun to be found at Nelson's Pumpkin Patch, Valley Corn Maize and Patch on the Point! Outdoors and in, we have lots of ways for the whole fam bam to jam.

Cabela's /

210 DeMers Ave, EGF, 218-773-0282

Canad Inns Destination Centre /

Splasher's Water Park /

1000 S 42nd St, GF, 701-772-8404

Choice Fitness & Choice Spray Park /

4401 S 11th St, GF, 701-746-2790

Downtown Axe (21+) /

8 S 3rd St, GF, 701-757-1113

East Grand Forks Campbell Library /

422 4th St NW, EGF, 218-773-9121

Elks Pool & Spray Park /

1002 13th Ave S, GF, 701-746-2780

First Season Community Center /

1110 7th Ave S, GF, 701.746.2763

Grand Forks Escape Room /

200 1st Ave N, GF, 701-388-1905

Grand Forks Public Library /

2110 Library Cir, GF, 701-772-8116

Grand Forks YMCA /

215 N 7th St, GF, 701-775-2586

Larimore Dam Recreation Area /

3586 18th Ave NE, Larimore, 701-343-2078

Midtown Kidtown /

Grand Cities Mall:

1726 S Washington St, GF, 701-772-8121

Muddy Waters Clay Center /

2014 13th Ave N, GF, 701-775-1168

Nelson's Pumpkin Patch & Corn Maze /

2448 20th Ave NE, Emerado, 701-610-6511

★ Northern Air Action Park /

1600 32nd Ave S, GF, 701-757-4386

Odyssey Cinemas (coming in 2025) /

2306 32nd Ave S, GF, 763-746-0228

Patch on the Point & Point Paradise Stables /

20753 440th Ave SW, EGF, 218-779-9399

PlayIT Multi-Sport Complex /

2767 32nd Ave S, GF, 701-747-0036

Pickleball Courts /

- Choice Health & Fitness:
4401 South 11th St, GF
- O'Leary Park:
419 Bygland Rd SE, EGF
- ★ Optimist Park:
4600 Cherry St, GF
- PlayIT! Multi-Sport Complex:
2767 32nd Ave S, GF

Red Ray Lanes /

2105 S Washington St, GF, 701-775-0663

River Cinema 15 /

211 DeMers Ave, EGF, 218-399-9000

Riverside Pool /

1810 N 1st St, GF, 701-740-1497

Scheels /

Columbia Mall:

2800 S Columbia Rd, GF, 701-780-9424

★ Sherlock Forest Playground & Sherlock Pool /

919 5th Ave NW, EGF, 218-773-9231

Turtle River State Park /

3084 Park Ave, Arvilla, 701-795-3180

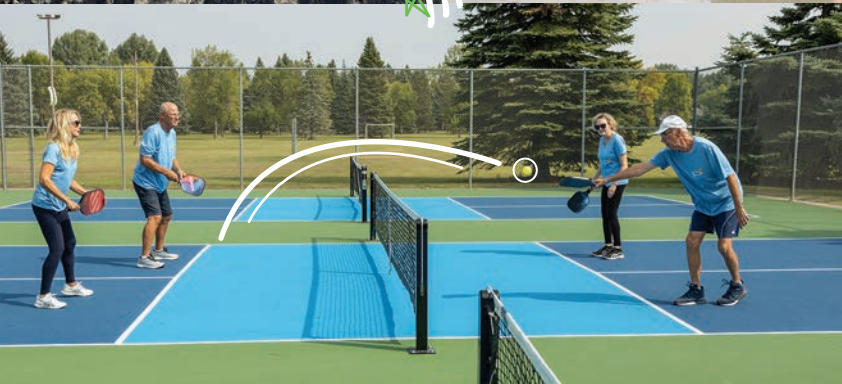
★ University Spray Park /

320 N 25th St, GF, 701-746-2750

★ Valley Corn Maize /

160th St SW, EGF, 701-215-6886

★ pictured on page 29





 Albatross Indoor Golf Club / Southside

TEE OFF // In this part of the country, warmer weather means it's time to grab those clubs, don your golf shoes and hit the greens! Whether you are a novice looking for a leisurely 9-holes or an advanced player wanting a challenge, our cities can supply the perfect course of/for action. No need to fear when winter is here, we have two great indoor golf spots where you can play legendary courses the virtual way.

Albatross Indoor Golf Club / Columbia Mall: 2800 S Columbia Rd, GF, 701-757-3220

Raise those clubs if you want to tee off in Forks without braving the elements! Thanks to Albatross Indoor Golf Club, you can take a swing at some of the world's most famous courses and never leave our grand cities. Albatross features six aboutGolf simulators, including an amazing three screen SimSurround that may be reserved. Beverages (alcoholic and non-alcoholic) plus multiple food options are also available.

Grand Forks Country Club / 794 County Rd 6, GF, 701-772-4831

While the beautifully groomed 18-hole Robert Bruce Harris design will test the skill set of even the finest golfer, beginners can expect to enjoy a great game, as well. There is also an on-site club house and five-star restaurant.

Lincoln Golf Course / 250 Elks Drive, GF, 701-746-2788

First established in 1909, this legendary 9-hole course is one of North Dakota's oldest golf facilities. Running along the Red River, its numerous Elm trees, bent grass greens and closely manicured fairways are sure to provide a superb golfing experience for every player. Lincoln is also home to the Mullally Little Links, which is a short-distance, 9-hole course free for all kids accompanied by a parent or guardian. It was designed with the goal of encouraging children to try the game of golf. Complimentary clubs are available for use at the clubhouse. This course is perfect for golfers from four to ten years of age.



King's Walk Golf Course / 5301 S Columbia Rd, GF, 701-787-5464

This premier 18-hole Arnold Palmer Signature PGA Golf Course opened in the spring of 2002 to rave reviews. It stretches over 7,200 yards, with four sets of tees to accommodate golfers of all abilities. The clubhouse includes a pro shop and Eagles Crest Grill, one of Southside's most popular places to grab dinner and drinks.

Ray Richards Golf Course / 3501 DeMers Ave, GF, 701-777-4340

When spending the day at Ray Richards, you will find nine holes to test your abilities, a driving range and complete pro shop all owned and operated by the University of North Dakota. It's perfect for those working on their game.

Valley Golf Course / 2407 River Rd NW, EGF, 218-773-1207

Overlooking the Red River on the Minnesota side, Valley Golf is an 18-hole course featuring rolling terrain and beautiful fairways that pose a challenge to all levels. The clubhouse offers a pro shop, with full bar and banquet facilities available.


The Golf Center / 3700 S Washington, GF, 701-775-0019

One of the region's largest full-service golf stores, Golf Center carries all the major brands and specializes in club fitting. They also feature an onsite launch monitor and golf simulator, along with providing expert advice that will help clients improve their game.


Frisbee/Disc Golf Courses

- **Lincoln Drive Park** / 120 Euclid Ave, GF
- **Northland Tech College** / 2022 Central Ave NE, EGF
- **Riverside Park** / 1811 N 1st St, GF
- **Zavoral Park** / 3rd Ave SE & 1st St SE, EGF



 Ralph Engelstad Arena / Northside/UND



 Empire Arts Center / Downtown



 Alerus Center / Southside

LET US ENTERTAIN YOU

// Let us make you smile with an abundance of standing ovation worthy events, awe-inspiring artwork, historical treasures and some of the country's finest facilities in which to hold them all.

Alerus Center / 1200 S 42nd St, GF, 701-792-1200

In addition to giving our University of North Dakota Fighting Hawks Football team home field advantage, Alerus Center is a 160,000 square-foot premier facility that boasts a variety of conventions, banquets, football and basketball championships, expos and sold-out concerts featuring legendary artists like Luke Combs, Carrie Underwood, Chris Stapleton, Zach Bryan and Metallica. *Photo credit: Alerus Center*

Chester Fritz Performing Arts Center / 3475 University Ave, GF, 701-777-4090

While at the iconic Chester Fritz, watch the curtain go up on an array of national and international entertainment including concerts, ballet, Broadway theatre, children's shows and special performances. During intermission, you may want to browse the hallways featuring framed, autographed photos of past performers who have graced the Fritz stage.

Empire Arts Center / 415 DeMers Ave, GF, 701-746-5500

Built in 1919, the beautifully restored Empire Arts Center hosts live theater, musical performances, movies and other events. The lobby area houses a visual arts gallery with featured works by Dali, Warhol and many more.

Fire Hall Theatre / 412 2nd Ave N, GF, 701-746-0847

The Greater Grand Forks Community Theatre is a non-profit organization, established in 1947, to provide the opportunity for everyone to experience and participate in live theatrical entertainment. In 1982, the Number One Fire Hall was purchased from the City of Grand Forks and renovated into a quaint one-hundred-seat performance venue appropriately named Fire Hall Theatre. It is currently listed as one of the ten oldest community theatres in the nation.

Myra Museum & Grand Forks Historical Society Grounds / 2405 Belmont Rd, GF, 701-775-2216

Our colorful past comes alive in this legendary complex that includes the Myra Museum, 1879 Campbell House, 1950s prefab steel Lustron House, 1917 one-room schoolhouse, Grand Forks' original log post office, a carriage house with various historic modes of transportation and an outdoor pavilion which hosts band concerts throughout the summer.

North Dakota Museum of Art / 261 Centennial Dr, GF, 701-777-4195

NDMOA is nationally recognized for its ground-breaking human rights exhibitions, involvement with international artists, the commissioning of landmark works of art anchored in the Northern Plains and the strength of its exhibition program. Three galleries house exhibits of regional, national and international art. On permanent display is late New York City artist and collector Barton Benes' apartment that includes his collection of African art and oddities from around the world. NDMOA also offers visitors a first-class café and gift shop filled with eclectic items.

Ralph Engelstad Arena / 1 Ralph Engelstad Arena Dr, GF, 701-777-4167

Regarded as one of the finest hockey facilities in the world, the magnificent \$100+ million Ralph Engelstad Arena is best known as the home of championship University of North Dakota Hockey but it also plays host to several topnotch concerts and on-ice performances throughout the year. The 400,000 square-foot, five-story arena seats 11,700 and features the largest center-hung videoboard in college hockey. Stop by the Sioux Shop on weekdays, at 1:30 PM, if you'd like to take a guided tour and perhaps pick out some cool UND logo wear.



9 AWESOME THINGS TO DO IN GRAND FORKS, ND

written by: Planet with Sara



Hey there! Planet with Sara is an award-winning travel blog planetwithsara.com connecting you to Minnesota, The Midwest and beyond. Sara is a travel content creator who writes extensive itineraries and creates videos to inspire adventure lovers to travel, try new activities and explore great food spots! She and her husband, Ryan, are both freelance travel creators, photographers and videographers based out of Minnesota.

One of the best towns for a weekend getaway in North Dakota is Grand Forks. Located under 5 hours from both Minneapolis and Duluth Minnesota and just over one hour from Fargo, it's definitely doable as a roadtrip. We flew from MSP to GFK which helped cut down drive time with our toddler and loved that the airport was less than 15 minutes from our centrally located hotel! There are so many awesome things to do in Grand Forks in just one weekend. Perfect for couples, families or friends, Grand Forks is a great getaway option. Check out our nine favorite things to do below!

Where to Stay / The Olive Ann

We loved staying at the brand new luxury boutique hotel The Olive Ann which opened in December 2023. The rooms are gorgeous with comfortable beds, high ceilings, fun decor and are immaculately clean. All the staff we met were incredibly kind and the lobby was beautifully decorated. I love that they offer complimentary bike rentals but you can also walk everywhere since it's right in the heart of Grand Forks.



1 / Saturday Farmer's Market *(seasonal)*

If you visit from mid June to end of September, you must check out the Saturday Farmer's Market. There were so many incredible vendors selling baked goods, fresh fruit and vegetables, bread, treats, crafts, delicious drinks and way more. Plus food trucks park right by the market so you can enjoy breakfast and lunch right on site. We enjoyed açai bowls and tea from Happy Camper Coffee!

2 / Check out the Food Scene

Grand Forks has so many incredible food and drink places! We had a hard time narrowing down where to dine and drink during our weekend and while we missed out on some classics (Red Pepper is on the list for next time!), we enjoyed so many wonderful spots like Harry's Steakhouse, Bernie's (East Grand Forks, MN), Half Brothers Brewing Company, The Blue Moose (East Grand Forks, MN) and Ely's Ivy.



3 / Take a yoga class at Lotus Yoga

Lotus Yoga is a stunning boutique yoga studio and I'm so glad I attended one of their classes. Walking into the studio, I immediately felt calm. The teachers are welcoming and I left class feeling rejuvenated. They offer both hot and traditional yoga classes. Definitely one of the best things to do in Grand Forks!



4 / Try the famous Chippers

You can't go to Grand Forks without trying the famous Chipper! Local candy shop Widman's covers Red River Valley potato chips with delicious chocolate. So genius! There are many other types of candies at Widman's as well so it's definitely worth a visit.

5 / Go Shopping at Local Boutiques

Grand Forks has many beautiful local boutiques that are really fun to shop at. The Silo Boutique and Pretty B were two of my favorites with fun clothing and other curated goods.





6 / Grab a cup of coffee at a local coffeeshop

Grand Forks has an incredible coffee scene and we checked out some of the best spots in town. From The Ember Coffeehouse, which has an incredible mission and is run by volunteers, to The Urban Stampede, located in a beautiful historic building. We also enjoyed the mobile Happy Camper Coffee.



7 / Visit the North Dakota Museum of Art

On the University of North Dakota's campus is the North Dakota Museum of Art. Free to enter, the museum has beautiful and unique exhibits to check out. You can support the museum with a donation or by visiting the gift shop which is curated with locally produced crafts and goods. They also put on fun events throughout the year like concerts in the gallery.

8 / Enjoy the local brewery

If you enjoy craft brews, Half Brothers Brewing Company should be on your list of things to do in Grand Forks. With both indoor and outdoor (in the summer) seating, you can enjoy local brews, play arcade games and for those that don't drink, try a Fizzy Pop! soda.

9 / Bike or Kayak along the scenic Greenway

The Greenway is a beautiful pathway in Grand Forks along the Red River and Red Lake River. It's perfect for walking, biking, running or even for taking out a kayak. There are kayak rentals available.



4



8



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11



12

COME HERE EVERY YEAR //

While our two towns serve up tons of fun events, here are just some annual happenings not to be missed.



- 1 **JANUARY : Happy Harry's Pork & Brew** / Dubbed one of the region's best food festivals, this tasty event brings together a variety of delicious bacon dishes prepared by talented Grand Forks chefs with samples of more than 100 different craft beers from local and regional breweries.
- 2 **FEBRUARY : Greenway Snow Day** / Don your snuggliest sweater, snow pants, jacket and hat... then head out to Lincoln Drive Park for some skiing, sledding, ice skating, sleigh riding and more! This free event is sponsored by the Grand Forks Park District.
- 3 **APRIL : Time Out Wacipi Powwow** / The University of North Dakota Wacipi is a celebration of life highlighting cultural traditions, values and contributions that Indigenous people bring to our community and the region. It features dancing and singing, along with great food, local art and craft vendors.
- 4 **APRIL - SEPTEMBER : Friday Night Races** / River Cities Speedway is considered by many to be the best 1/3-mile dirt and clay track in the nation. Race classes include Outlaw Sprints, Late Models, Midwest Modifieds and Street Stocks.
- 5 **JUNE : Art Fest** / This uniquely grand outdoor festival features high-end artisans and quality crafters, tantalizing food vendors, live entertainment, artist demonstrations, kids' activities and more.
- 6 **JUNE - SEPTEMBER : Town Square Farmers Market** / Head to the heart of Downtown, every Saturday during the summer, to find all kinds of just-picked produce, home baked pies like grandma used to make, spicy salsa, sweet honey, jewelry, crafts, live music, food trucks and lots more.
- 7 **JULY : Sertoma July 4th Festival & Fireworks** / Spend your Independence Day in our Grand Forks with 12 hours of live music, food and beverages, games, giveaways and an amazing firework display to culminate it all.
- 8 **JULY - AUGUST: Concerts in the Garden** / The North Dakota Museum of Art summer Concerts in the Garden series lets you enjoy grand music, as performed by talented musicians from around the country, in the great outdoors! Food, beer and wine will also be available for purchase.
- 9 **AUGUST : Heritage Days** / Learn about our community's legendary past when attending this annual East Grand Forks Heritage Village event. Some of the happenings include a parade, classic car show, community dinner, live music and historical re-enactments.
- 10 **AUGUST : Downtown Street Fair** / Dozens of vendors will offer up blocks of unique finds to buy and tasty treats to eat. There will also be several stages scattered about Downtown offering up great live tunes.
- 11 **SEPTEMBER : Potato Bowl USA** / Celebrate the Red River Valley's staple crop with a variety of events that include a fun run, parade, University of North Dakota football game and tailgate party, potato pancake breakfast, contests and the World's Largest French Fry Feed.
- 12 **NOVEMBER : HollyDazzle Festival of Lights** / Kick off the holiday season at this family friendly event. Festivities include a lights parade, cookie decorating, ornament making, live entertainment, carriage rides and fireworks.
- 13 **NOVEMBER - DECEMBER : Christmas in the Park** / From Thanksgiving through New Year's Eve, take a drive through scenic Lincoln Park to enjoy festive displays of holiday lights sponsored by local businesses and organizations.



#AmberWavesOfGrainGF



ART ON A GRAND SCALE:

Made of recycled metal and concrete, this six-foot tall “big head” planter first arrived at the Visitors Center nearly a decade ago. It was originally re-painted in 2016. As typically happens to all of us sooner or later, this grande dame was due for a little facelift. To read all about the painting and reason behind our beautiful “Amber Waves-of-Grain”, scan the QR code: www.visitgrandforks.com/blog

View all of our latest blogs while visiting this page as well!



Here in Forks, we like our art on a grand scale! Scattered about town is a wide variety of awesomely eclectic works that represent the region’s diverse background and history. This QR code will lead you to a public art directory compiled in partnership with the local Public Arts Commission. It includes background information on each piece and where to find them. Sharing your cool selfies with us is definitely encouraged!



WHERE TO STAY //

Rest easy in hotel rooms offering all the comforts of home and then some. Unwind at places with indoor water parks, gaming, adjacent restaurants and other first-class amenities.

Canad Inns Destination Centre / Southside



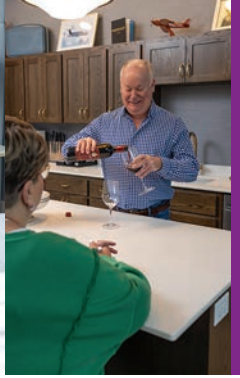


WHERE TO STAY //

			Number of Rooms	Meeting Room Occupancy	Continental Breakfast	Restaurant/Lounge/Casino	Room Service	Pool	Water Park	Whirlpool/Hot Tub/Sauna	Video Games	Exercise Room	Pets Allowed
1	AmericInn by Wyndham 1820 S Columbia Rd. / 701-780-9925 / 800-634-3444	56		●	●	●	●			●			
2	AmeriVu Inn & Suites 3051 S 34th St. / 701-775-7910	61		●			●					●	
3	Baymont Inn & Suites 951 S 42nd St. / 701-757-2345 / 800-337-0550	91		●			●			●	●	●	●
4	Best Western Harvest Inn & Suites 3350 32nd Ave. S / 701-775-5000 / 800-780-7234	85	15	●			●			●		●	●
5	Canad Inns Destination Centre 1000 S 42nd St. / 701-772-8404 / 888-332-2623	201	200		●	●	●	●	●	●	●		
6	C'mon Inn 3051 32nd Ave. S / 701-775-3320 / 800-255-2323	80	50	●			●			●	●	●	
7	Country Inn & Suites 3101 S 42nd St. / 701-757-2200 / 800-596-2375	100	40	●			●			●		●	
8	Days Inn 3101 S 34th St. / 701-775-0060 / 800-325-2525	52		●			●			●			●
9	East Grand Inn 606 Gateway Dr., EGF / 218-773-9822 / 888-904-8840	60	15	●									●
10	Econo Lodge 900 N 43rd St. / 701-746-6666 / 800-553-2666	45		●								●	●
11	Fairfield Inn & Suites by Marriott 514 Gateway Dr. NE, EGF / 218-399-3030 / 888-236-2427	67	45	●			●					●	
12	Grand Forks Lodge & Suites 4040 11th Ave. S / 701-757-7000 / 888-530-0190	71		●			●			●	●	●	
13	Hampton Inn & Suites 2985 42nd St. S / 701-757-2255 / 800-HAMPTON	97	110	●			●			●		●	
14	Hilton Garden Inn 4301 James Ray Dr. / 701-775-6000 / 877-STAY-HGI	100	200		●	●	●			●		●	
15	Holiday Inn Express Hotel & Suites 4051 32nd Ave. S / 701-772-7700 / 866-HLDYINN	81	15	●			●			●		●	
16	Knights Inn & Suites 1211 N 47th St. / 701-757-4041 / 855-896-3206	89		●			●						●



 The Olive Ann Hotel / Downtown



		Number of Rooms	Meeting Room Occupancy	Continental Breakfast	Restaurant/Lounge/Casino	Room Service	Pool	Water Park	Whirlpool/Hot Tub/ Sauna	Video Games	Exercise Room	Pets Allowed
17	La Quinta Inn & Suites 4051 Garden View Dr. / 701-757-3600 / 800-753-3757	83	40	●			●		●		●	●
18	My Place 1315 S 42nd St. / 701-757-1717 / 855-200-5685	64										●
19	The Olive Ann Hotel 14 N 4th St. / 701-670-1354	79	460		●	●					●	
20	Plaza Motel 309 DeMers Ave., EGF / 218-773-1179 / 800-773-1127	24								●		
21	Quality Inn 3251 30th Ave. S / 701-775-7503 / 800-228-5150	65		●			●					
22	Ramada 1205 N 43rd St. / 701-775-3951 / 800-570-3951	100	500	●	●	●	●	●	●			●
23	Rodeway Inn 3300 30th Ave. S / 701-746-1391 / 800-707-1391	85	15	●			●	●	●			●
24	Sleep Inn & Suites – Alerus Center 1350 S 42nd St. / 701-757-2900 / 877-424-6423	82		●			●	●		●		
25	SpringHill Suites by Marriott 2837 S 42nd St. / 701-757-4150 / 877-467-5533	93	10	●			●	●		●		
26	Staybridge Suites 1175 42nd St. S / 701-772-9000 / 877-238-8889	97	40	●			●	●		●		●
27	StayInn 1000 N 42nd St. / 701-775-0555 / 888-275-0550	118		●								●

● Dot indicates services available.



CAMPGROUNDS

Grand Forks Campground /
4796 S 42nd S, GF, 701-772-6108

Red River State Recreation Area /
515 2nd St NW, EGF, 218-773-4950

Turtle River State Park /
3084 Park Ave NE, Arvilla, 701-795-3180



LODGING // Scan here
to find more info on
lodging options.



Oh Canada We are so thrilled you chose to make the trip from your home and native land to ours. Please let us know if there is any way we can assist in making your visit to Forks the most Grand time ever!

SCAN CODE // To find helpful documents and useful links on border crossings, exchange rates, sales tax refunds, road conditions and more!
<https://www.visitgrandforks.com/travel-tools/canadian-visitors/>



Travel Tools // You will find getting to and around our towns is both quick and convenient. Let the following transportation resources be your guide to one grand time!

AIRPORT

Grand Forks International Airport /

www.gfkairport.com

Flight Support, 701-772-5504

Airport Authority,

2301 Airport Dr., 701-795-6981

Airport Parking, 701-772-0090

U.S. Customs, 701-772-3301

AIRLINES

Allegiant /

Grand Forks International Airport

702-505-8888, www.allegiant.com

Delta Air Lines /

Grand Forks International Airport

800-221-1212, www.delta.com

TAXI SERVICE

City Cab / 701-757-1667

Dial-A-Ride / 701-787-9120

Grand Forks Taxi / 701-775-8294

(available for people with disabilities)

Grand Forks Taxi / 701-780-8890

www.grandforkstaxi.net

Green Taxi / 701-317-6771

Lyft / www.lyft.com/cities/grand-forks-nd

Nodak Radio Cab / 701-772-3456

(available for people with disabilities)

Platinum Taxi / 701-335-3342

Red White & Blue Taxi / 701-330-9640

S & S Taxi / 701-772-4142, www.sstaxis.com

Uber / www.uber.com/cities/grand-forks-nd

BUS LINES

Dietrich Bus Service /

1115 55th St. N

701-772-0601 or 800-772-0601

Grand Forks City Bus /

450 Kittson Ave., 701-746-2600

Jefferson Lines /

450 Kittson Ave.

701-775-4781 (local terminal)

800-451-5333 (info and schedule)

Triangle Coach Service /

1611 Central Ave. NW, 218-773-2631

Railway Service

Amtrak / 5555 DeMers Ave.

701-775-0484 (local terminal)

800-872-7245 (info and reservations)

Rental Car Agencies

Avis Rent-A-Car /

Grand Forks International Airport

701-775-0688 or 800-831-2847

Enterprise Rent-A-Car /

Grand Forks International Airport

701-746-1375

2205 S Washington St.

701-775-3977 or 800-325-8007

Hertz Car Rental /

Grand Forks International Airport

701-746-6426 or 800-654-3131

1325 DeMers Ave., 701-787-7274

National Car Rental /

Grand Forks International Airport

701-746-1375 or 800-227-7368

AREA INFORMATION SERVICES

Visit Greater Grand Forks /

701-746-0444, 800-866-4566

www.VisitGrandForks.com

Chamber of Commerce /

701-772-7271, www.gochamber.org

City of Grand Forks Public Information Center /

701-746-4636, www.grandforksgov.com

North Dakota Tourism /

800-435-5663, www.ndtourism.com

Explore Minnesota /

888-847-4866, www.exploreminnesota.com

ROAD REPORT

Minnesota /

800-542-0220, 511mn.org

North Dakota /

866-696-3511, travel.dot.nd.gov

MOVING TO THE AREA?

Greater Grand Forks:

Way Cooler Than You Think /

grandforksiscooler.com

HOT RODS & REELS ITINERARY IDEAS



● The Moose knows walleye / *Estimated time: 1 hour*

Surrounded by knotty pine and neon, The Blue Moose Bar & Grill is a cozy meets eclectic eatery with a vibe perfect for all occasions and ages. In addition to The Moose's signature fried Minnesota Walleye, other menu favorites include the Mac & Cheese Attack, Chicken Meisner and spicylicious Outlaw Burger topped with pepperjack, chipotle barbeque sauce, bacon and an onion ring. They also have a large tapas menu with an array of tasty small plates, all of which pair perfectly with their legendary Long Island teas.

● Get geared up at Cabela's / *Estimated time: 1 hour*

Along with being known as the World's Foremost Outfitter, this outdoor megastore offers up a 10,000-gallon aquarium filled with indigenous fish, a trout stream and numerous wild game mounts. It's also a great place to shop for new fishing and hunting equipment, camping supplies, hiking boots, clothing and much more.

● Park it for Turtle time / *Estimated time: 2-3 hours*

Our two Forks offer plenty of awesome outdoor spots for both adults and kids to enjoy; however, less than a half hour away there's another great place to play! While at Turtle River State Park, try your hand at fishing, then use those feet to bike or take a hike. Turtle River is also known for its great birding opportunities, guided tour options and educational opportunities.

● Make a pit stop at Speedway 805 Grill & Bar /

Estimated time: 1 hour

In addition to all the scrumptious steak, chicken and burger creations, chefs here are known for smokin' up the best ribs in Forks. Other featured menu items include prime rib, smothered chicken and a jalapeno popper burger that's topped with their famous Speedway Sauce. For those who enjoy adult beverages, the fishbowl cocktails here really pack a flavorful punch.

● Race over to River Cities / *Estimated time: 3 hours*

River Cities Speedway is considered by many to be the top 1/3-mile dirt and clay track in the nation. Every Friday night, May through September, enjoy edge-of-your-seat action and excitement as Outlaw Sprints, Late Models, Midwest Modifieds and Street Stocks all vie for the checkered flag.

● Dine, imbibe and jive at Half Brothers Brewing Company /

Estimated time: 2 hours

End your day reeling in one grand time Downtown. Located in their chill downstairs space, Half Brothers Underground offers up great live tunes to accompany an array of inhouse produced brews. Stop by on the weekend to hear some of our area's top artists performing a variety of genres or challenge your pals to a game of pinball. Beforehand, make sure to grab a fresh from the tap beer or some cheesylicious Mom's Pizza.

FUN ON & OFF THE ICE ITINERARY IDEAS



Share your favorite Greater Grand Forks spots
with us via [#GrandForks](#) or [#EastGrandForks](#)

● Enjoy a b(r)unch of your favorites at The Spud Jr. /

Estimated time: 1 hour

Thanks to this Eastside eatery, everyone can partake in our famously flavorful Red River Valley potatoes. But that's not all, they also serve up a variety of mouthwatering burgers and sandwiches to accompany their fabulous fries. When dining here on a Saturday or Sunday, The Spud's Weekend Brunch is a must try! Favorites include Chicken & Waffles, Bananas Foster French Toast and Breakfast Poutine: Fresh-cut fries topped with two eggs, sausage country gravy, pepper blend, onion, shredded cheese and bacon.

● Stop by Sioux Shop to get your green on /

Estimated time: (with tour): 2 hours

Situated inside the world-class Ralph Engelstad Arena, the Sioux Shop sells a variety of clothing, home/office décor and novelty items branded to University of North Dakota sports teams. If you're there at 1:30 PM on weekdays, you can sign up to take a guided tour of the facility before picking out some cool UND logo wear.

● Get pickled at The Frog / *Estimated time: 1 1/2 hours*

With its cool casual vibe, extensive cocktail menu and fabulous food prepared by the region's top chefs, The Toasted Frog is one hoppin' spot to kick off your weekend in Forks. This 21+ restaurant offers up such creative culinary creations as a grilled curry wasabi tuna steak sandwich, Jamaican jerk chicken wood-fired pizza and a game-changing elk burger. Of course, the Cooking Channel featured fried cheesy pickles are a must-order. When it comes time for dessert, there's always room for s'mores...with a white chocolate martini chaser.

● Joe knows sports / *Estimated time: 1 hour*

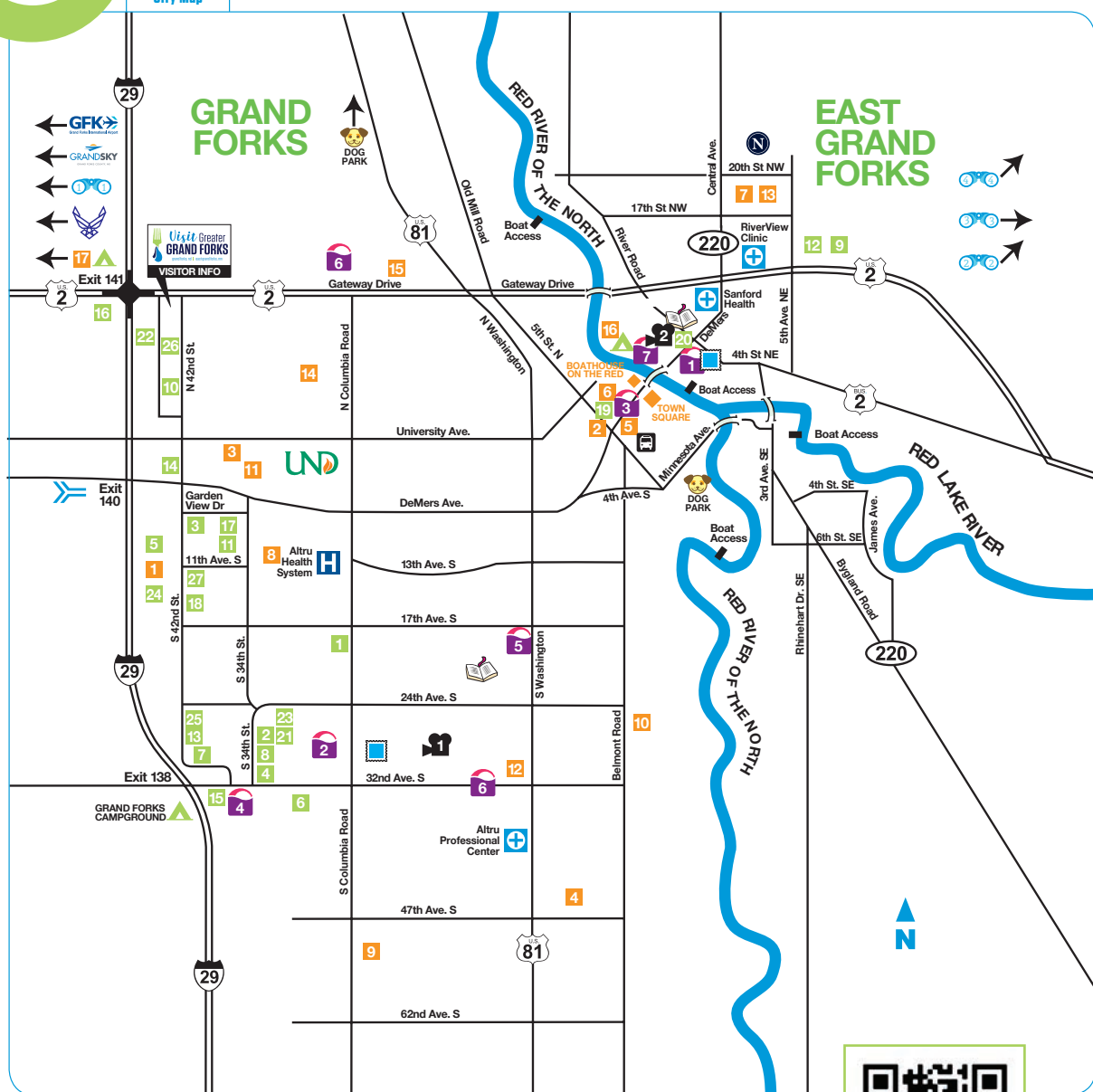
Before and after the game, make a stop at Joe Black's for hot eats, cold drinks and a shuttle bus ride to and from The Ralph. This popular public house and Barstool Best Bar Final Four contender is one of Downtown Forks' top spots to catch a game, grab a bite and throw back a few.

● Score a grand time at The Ralph / *Estimated time: 2 1/2 hours*

Regarded as one of the finest hockey facilities in the world, the magnificent \$100+ million Ralph Engelstad Arena is widely known as the home of championship University of North Dakota Hockey. The 400,000 square-foot, five-story arena seats 11,700 and features 48 full luxury suites, two expansive club lounges and the largest center-hung videoboard in college hockey. Taking in a game here is a never-forget experience, even for those who previously never considered themselves hockey fans. Between periods make sure to check out the concessions area, where you can fine dine on some of the best stadium food in the country.



City Map



MAPS // Scan to find links to online maps and additional travel tools you'll need to plan and explore!



Raising the bar

Greater Grand Forks is the proud home of the University of North Dakota and Northland Community and Technical College. The students, professors and staff members bring a high, ever-changing energy level to our area. Their studies, work, research and activities enrich life for all of us through leading thinking, economic development, sports and cultural activities. Find out more at www.UND.edu and www.ThinkNorthland.com.

ACCOMMODATIONS

- 1 AmericInn by Wyndham
- 2 AmeriVu Inn & Suites
- 3 Baymont Inn & Suites
- 4 Best Western Harvest Inn
- 5 Canad Inns
- 6 C'mon Inn
- 7 Country Inn & Suites
- 8 Days Inn
- 9 East Grand Inn
- 10 Econo Lodge
- 11 Grand Forks Lodge & Suites
- 12 Fairfield Inn & Suites
- 13 Hampton Inn & Suites
- 14 Hilton Garden Inn
- 15 Holiday Inn Express Hotel & Suites
- 16 Knights Inn & Suites
- 17 La Quinta Inn & Suites
- 18 My Place
- 19 The Olive Ann Hotel
- 20 Plaza Motel
- 21 Quality Inn
- 22 Ramada
- 23 Rodeway Inn
- 24 Sleep Inn & Suites – Alerus Center
- 25 SpringHill Suites by Marriott
- 26 StayInn
- 27 Staybridge Suites

▲ Camping

AREA ATTRACTIONS

- 1 Alerus Center
- 2 The Beacon
- 3 Chester Fritz Performing Arts Center
- 4 Choice Health & Fitness
- 5 Empire Arts Center/UND Art Collection Gallery
- 6 Fire Hall Theatre
- 7 Heritage Village
- 8 Japanese Garden
- 9 King's Walk Golf Course
- 10 Myra Museum
- 11 North Dakota Museum of Art
- 12 Northern Air Action Park
- 13 Northern Lights Railroad Museum
- 14 Ralph Engelstad Arena/Betty Engelstad Sioux Center
- 15 River Cities Speedway
- 16 Red River State Recreation Area
- 17 Turtle River State Park 20 miles west

MOVIE THEATERS

- 1 Odyssey Cinemas
- 2 River Cinema 15

BIRDING SITES

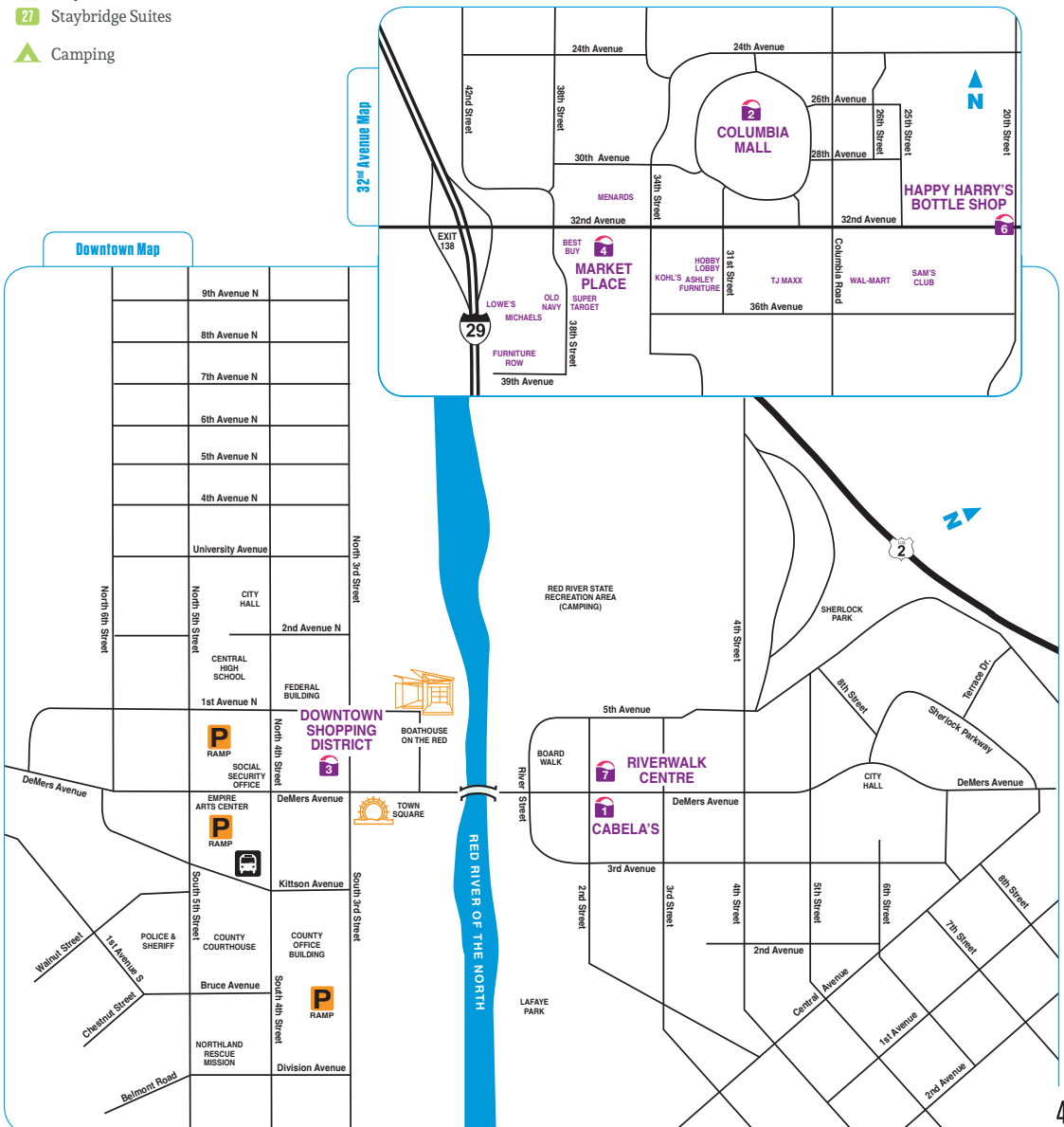
- 1 Kellys Slough National Wildlife Refuge 4 miles west
- 2 Agassiz Wildlife Refuge 57 miles northeast
- 3 Rydell Wildlife Refuge 48 miles east
- 4 Wetlands, Pines & Prairie Audubon Sanctuary 27 miles northeast

SHOPPING DESTINATIONS

- 1 Cabela's
- 2 Columbia Mall
- 3 Downtown Shopping District
- 4 Grand Forks Marketplace
- 5 Grand Cities Mall
- 6 Happy Harry's Bottle Shops
- 7 Riverwalk Centre

MISCELLANEOUS

- AMTRAK
- H Altru Health System
- ⊕ Altru Professional Center
- ⊕ Sanford Health
- ⊕ RiverView Clinic
- 🚌 Bus Depot
- 📖 Public Library
- 📮 Post Office
- 🦅 Grand Forks Air Force Base 15 miles west
- GFK Grand Forks International Airport 5 miles west
- GRANDSKY Grand Sky Aviation & Business Park 15 miles west
- Visit Greater Grand Forks
- 🐕 Dog Parks: Lincoln Park and Circle of Friends - N Washington St.
- N Northland Community and Technical College
- UND University of North Dakota






GREATER GRAND FORKS INFO //

Stop by or call...we're here to help! Our knowledgeable staff is ready to answer any questions you may have. There are also information boxes located outside the building filled with complimentary coupon books, brochures and maps on Greater Grand Forks, as well as Minnesota and North Dakota state guides and maps. Other visitor amenities include free Wi-Fi, Greater Grand Forks gift shop, picnic and pet exercise areas, a Geocaching box and Little Free Garden.



NEED HELP? **CONTACT US**

Visit Greater Grand Forks / 4251 Gateway Drive, Grand Forks, ND 58203
701-746-0444 (phone) or 800-866-4566 (toll free)

 **EASY TO FIND:** Located at the junction of Interstate 29 (Exit 141) and U.S. Hwy. 2.

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Attention Event Organizers

Greater Grand Forks is where you'll find a warm welcome and everything you need to make your special event a spectacular success. Impressive facilities rarely found in communities our size, comfortable, convenient and affordable lodging, great food, courteous service and abundant assistance from Visit Greater Grand Forks all await you!

FORKSFUL OF FREE SERVICES:

At Visit Greater Grand Forks, we know the venues, on-site contacts, vendors, technologies, sports sites and other details for smooth, memorable events. Our team provides expert assistance and an array of grand services at absolutely NO COST to you!



Inflatable Arch & Event Equipment



Housing Coordination



Banners/Signage



Registration Assistance



Name Badges/Bag Tags



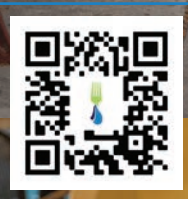
VIP Gifts



HAVE AN UPCOMING EVENT?

PLEASE CONTACT

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